



PARKS & RECREATION

March • April • May

# RECREATION Guide

Spring 2015



**LIBRARY SERVICES • PARKS • RECREATION  
RIPARIAN • SPECIAL EVENTS • SPORTS**



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## Letter from Director



Spring is in the air and Gilbert Parks & Recreation is gearing up for another great season! With the upcoming KA-POW! Superhero Adventure Run, the Gilbert Global Village Festival, new classes being offered at the Riparian Preserve, and the aquatics season about to begin, we have plenty in store to keep you and your family active in the community.

For the adventurous at heart, the KA-POW! Superhero Adventure Run is on March 28<sup>th</sup> from 8am-Noon. This costumed run is fit for the whole family with fun and challenging obstacles at Freestone District Park. Following in April, the Gilbert Global Village Festival, a multi-cultural celebration for all ages, on April 11<sup>th</sup> from 11am-5pm at the Gilbert Civic Center. Take your family on a trip around the world, while in the heart of Gilbert! For more information, view page 13-14.

Check out these exciting new classes offered at the Riparian Preserve! Taught by our very own Naturalist, Jennie Rambo, offering classes on Gardening for Tortoises and Gardening for Hummingbirds, you'll learn how to transform your garden into a habitat for these desert creatures. Be sure to follow us on Facebook and Twitter to learn about upcoming free fly fishing demonstrations at the Riparian offered by the Desert Fly Casters.

Mark your calendar! Coming March 1<sup>st</sup>, the Gilbert Splash Guide will be available online at [www.gilbertrecreation.com](http://www.gilbertrecreation.com). The guide will be your passport to pre-season swim team and lessons offered at Greenfield and Mesquite Pools. Plus it'll keep you in-the-know about the renovations to the Mesquite pool and the upcoming summer aquatic programs.

Did you know that Gilbert has over 30 picnic ramadas available for reservation at our picturesque Parks located throughout the community? Contact us to reserve a ramada for your next birthday party, family gathering, work event, baby shower, and more!

Gilbert Gets Out Month is an exciting opportunity for your family to "get out" and experience Gilbert and all that it has to offer. Each activity will provide your family with the opportunity to imagine, explore, discover and play. These FREE activities take place throughout April at various Town of Gilbert locations. For more information please visit page 17 of this Guide.

From all of us here at Gilbert Parks & Recreation, thank you for supporting our parks and programs making Gilbert Parks & Recreation best in class!

Sincerely,

Rod Buchanan  
Parks and Recreation Director



Stay up-to-date by following us on  
[Twitter@GilbertParksRec](https://twitter.com/GilbertParksRec) and [Facebook/GilbertParksRec](https://facebook.com/GilbertParksRec).



# TOWN of GILBERT OFFICIALS

## Gilbert Town Council

Mayor John Lewis  
Vice Mayor Jordan Ray  
Councilmember Brigitte Peterson  
Councilmember Jenn Daniels  
Councilmember Victor Petersen  
Councilmember Eddie Cook  
Councilmember Jared Taylor

## Parks, Recreation and Library Services Advisory Board

Chair Ron Coleman  
Vice Chair Les Presmyk  
Board Member Mark Dobay  
Board Member Robert Ferron  
Board Member Todd Hall  
Board Member Greg Hanson  
Board Member Mary Harris  
Board Member Paul Marchant  
Board Member Mickie Niland

## Town of Gilbert Phone Numbers

Parks & Recreation  
Administration Office  
(480) 503-6200

Town of Gilbert  
Administration  
(480) 503-6871

Fire Administration  
*non-emergency*  
(480) 503-6300

Police Department  
*non-emergency*  
(480) 503-6500

Public Works  
(480) 503-6400

Utilities Department  
(480) 503-6800

Neighborhood  
Services  
(480) 503-6767

Riparian Preserve  
(480) 503-6200

Gilbert Assistance  
Program (GAP)  
(480) 503-6200

Gilbert Senior  
Services  
(480) 503-6061

Freestone  
Recreation Center  
(480) 503-6202

Gilbert Community  
Center  
(480) 503-6290

McQueen Park  
Activity Center  
(480) 503-6294

Southeast Regional  
Library Recreation  
Office  
(480) 503-6256

Maricopa County  
Library Services  
(602) 652-3000

### SEASONAL

Mesquite Aquatic  
Center  
(480) 503-6206

Greenfield Pool  
(480) 503-6206

Perry Pool  
(480) 503-6206

Williams Field Pool  
(480) 503-6206



### OUR MISSION

Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust, innovation, with a commitment to excellence.

**Mission**  
We are a service organization committed to enhancing quality of life and serving with integrity, trust, and respect.

**Vision**  
Gilbert will be best in class in all lines of service.

**Value**  
as Team Gilbert we

- Integrity**  
by being ethical, professional, and trustworthy.
- Respect**  
by being fair, courteous, and valuing others.
- Accountability**  
by being responsible for our actions and following through on our commitments.
- Innovation**  
by continuously improving services through progressive and creative outcomes.
- Learning**  
by developing our knowledge and skills.
- Communication**  
through transparency, collaboration, and accessible information.

## GENERAL REGISTRATION INFORMATION:

1. Gilbert Resident registration begins **Tuesday, February 24, 2015**. During this time online, mail-in and fax registrations will be available. *Online registration begins at 7am.*
2. Non-resident registration begins **Thursday, February 26, 2015**. During this time online, walk-in and mail-in registrations will be available. *Online registration begins at 7am.*
3. Registration is ongoing until programs are filled.
4. Registration forms received prior to the registration dates will not be processed until the registration date as time permits.
5. Online registration is processed in real time. **You must "accept" the waiver of liability and make a payment in order to confirm placement in a course/program.**
6. Online registration requires a payment by credit card, or by using an existing credit on your recreation account. If you wish to register online but do not want to use a credit card, you may come into the Parks and Recreation office prior to registration and place a credit on your recreation account using cash, check or money order. The credit can then be applied toward any online registration.
7. Print a copy of your online registration receipt for confirmation of your course/program enrollment.
8. Mail-in registration forms require an assumption of risk waiver signature by a parent/guardian.
9. Mail-in and walk-in registrations are processed during regular business hours: Mon-Thur, 7am-6pm; Closed Fridays.
10. Payment can be made by either cash, check, credit card, or money order. For mail-in registration, do not mail cash.
11. The Town of Gilbert is not responsible for lost or misdirected mail.
12. Payment must be made at the time of the enrollment in order for the registration to be complete.
13. Early registration is encouraged to help prevent course cancellation.
14. **WAITLISTS:** If you are on a waitlist for a class, and an opening becomes available, a Parks & Recreation staff member will contact the waitlisted clients in order of the waitlisted position. Each waitlisted position will receive a 24 hour window to respond to the opening before the recreation staff member continues on through the waitlisted positions.
15. A participant will be allowed to register for a class as long as the participant reaches the required age anytime during the session, unless otherwise stated in the class description.
16. Gilbert Parks and Recreation Department is committed to being fair and equitable to all participants, therefore we are unable to make exceptions to any class policies. We appreciate your cooperation and understanding.
17. The Town of Gilbert has the right to cancel, postpone, combine classes, change rooms and/or instructors at any time. For the most up-to-date information, contact the respective center.
18. A \$25 service charge will be assessed on returned checks.

## CLASS PROGRAM GUIDELINES AND POLICIES

1. While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options. Exceptions are made for participants with special needs who require assistance.
2. For PARENT/TOT classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session.
3. Participants should dress appropriately according to the type of class. Tights/leotards and/or loose clothing are recommended for dance/movement classes, sneakers for sports classes, etc. Closed-toe shoes are a must for all classes.
4. Click on [Class Program Policies and Guidelines](#) for a complete list.

## REFUND AND CANCELLATION INFORMATION

*Requests for a credit/refund for classes/programs must be received prior to 6pm, **Monday, March 9, 2015** unless otherwise noted in the program description. Please call (480) 503-6200 for more information.*

1. The Town of Gilbert has the right to cancel any program due to insufficient enrollment.
2. Early registration is encouraged to help prevent course cancellation.
3. If a class or program is cancelled, participants will be notified one week prior to class start date (unless unforeseen circumstances arise) and offered an alternative choice, if available.
4. If no alternative is available, a full credit will be applied back to the participant's recreation account. Credits left on recreation accounts can be used for a period of one year from the first date of the class or program for which one originally registered. Such credits may be used for any Gilbert Parks and Recreation Department class, program or rental. Credits not used or refunded after one year will be donated to the Parks and Recreation Department.
5. Upon request, a full refund can be issued for a cancelled class or program.
6. Refund checks require 2-3 weeks processing time.

## UPDATE YOUR ACCOUNT WITH US!

**For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!**



# CLASS REGISTRATION INFORMATION

## CHOOSE ONE OF OUR 3 EASY WAYS TO REGISTER!



### Create Your Recreation Account Online

It's QUICK and EASY! Click [HERE](#) or log on to [www.GilbertRecreation.com](http://www.GilbertRecreation.com)

- Click 'Create NEW Account' tab
- Enter ALL family members that reside within the household (there must be an parent or legal guardian listed on the account). When finished, click on 'CREATE NEW ACCOUNT'.
- Any changes or additions to your account can be made by contacting the Parks and Recreation Department or email [Recreation@gilbertaz.gov](mailto:Recreation@gilbertaz.gov).



### Walk-In Registration

Walk-in to any of the following Recreation facilities to register in person beginning February 26, 2015.

#### Parks and Recreation Department

90 E. Civic Center Dr. (480) 503-6200

#### \*Freestone Recreation Center

1141 E. Guadalupe Rd. (480) 503-6202

#### \*Gilbert Community Center

130 N. Oak St. (480) 503-6290

#### \*McQueen Park Activity Center

510 N. Horne St. (480) 503-6294

For directions please call (480) 503-6200.  
M-TH 7am-6pm

*\*Registration is available for center classes only*



### Online Registration

Log on to [www.GilbertRecreation.com](http://www.GilbertRecreation.com)

- In order to sign up online, please make sure you have your **Main Contact Client Number** and **Family Pin** Information.
- If you have misplaced or forgotten your login numbers or need to set-up an account, please call 480-503-6200, M-TH 7am-6pm or email [Recreation@gilbertaz.gov](mailto:Recreation@gilbertaz.gov).



### Mail-In Registration

Mail [REGISTRATION FORM](#) along with payment to:

#### Parks and Recreation Department

Attention: Registration

90 E. Civic Center Dr.

Gilbert, AZ 85296

- A signature is required to process registration.
- Make checks payable to: **Town of Gilbert**.
- *Do not mail cash*



### Payments Accepted



- Make checks payable to: **Town of Gilbert**.
- *A \$25 service charge will be assessed on returned checks.*

## Dates to Remember

### SPRING SESSION DATES:

March 16-May 16, 2015

### SPRING REGISTRATION DATES:

Gilbert Residents: Tuesday, February 24, 2015 at 7am

*(online and mail-in registration available)*

Non-Gilbert Residents: Thursday, February 26, 2015 at 7am

*(online, walk-in and mail-in registration available)*

Credit/Refund Requests: Monday, March 9, 2015

SPRING BREAK DATES: March 9-13, 2015

SUMMER SESSION DATES: June 1– August 1, 2015

Summer Recreation Guide Online: Friday, April 10, 2015

## Join Our Parks & Recreation Mailing List!



Click [HERE](#) to subscribe to receive the latest newsletters, updates and information about our programs and events sent straight to your inbox.

## Facility/Park Abbreviations Legend:

CC	Gilbert Community Center	130 N. Oak St.
CPARK	Crossroads Park	2155 E. Knox Rd.
DPARK	Discovery Park	2214 E. Pecos Rd.
FPARK	Freestone Park	1045 E. Juniper Rd.
FRC	Freestone Recreation Center	1141 E. Guadalupe Rd.
MPAC	McQueen Park Activity Center	510 N. Horne St.
MPARK	McQueen Park	490 N. Horne St.
PP	Page Park Center	132 W. Bruce St.
PPARK	Page Park	120 N. Oak St.
RP	Riparian Preserve	2757 East Guadalupe Rd.
SERL	Southeast Regional Library	775 N. Greenfield Rd.

*Some classes are held at off-site locations.*

*Please see course descriptions for facility information.*



**PARKS & RECREATION**

Registration Begins: February 24, 2015. Register online at: [www.GilbertRecreation.com](http://www.GilbertRecreation.com)

# RECREATION FACILITIES, AMENITIES & SERVICES

## PARKS & RECREATION OFFICE

90 E. Civic Center Dr.  
480-503-6200

Hours: M-TH 7am-6pm  
CLOSED: 5/25

### Services provided:

- General parks and recreation information
- Recreation account services (new/existing accounts, credit/refunds, etc.)
- Recreation class/program registration
- Recreation facility and park reservations

## RECREATION CENTERS



### Gilbert Community Center (CC)

130 N. Oak St.  
480-503-6290

Hours: M-TH 8am-6pm  
F 8am-5pm  
SAT 9am-12pm  
CLOSED: 5/25

### Services provided:

- General facility information
- Recreation class/program registration
- Adaptive Recreation services (classes and programs)
- Active Adult services (lunches and activities)
- Fitness center
- Computer lounge
- FREE Wi-Fi



### Freestone Recreation Center (FRC)

1141 E. Guadalupe Rd.  
480-503-6202

Hours: M-F 5:15am-10pm  
SAT 7am-9pm  
SUN 10am-5pm  
Holiday Hours: 5/25 (10am-5pm)  
Closed: 4/5

### Services provided:

- General facility information
- Recreation class/program registration
- Fitness center, weight room and indoor track
- Drop-in fitness classes
- 4 Racquetball courts
- Double gymnasium (basketball, volleyball and pickleball courts)
- Locker, steam and sauna rooms
- 42' Rock wall
- Kiddy Korner - supervised child watch
- Game area (billiards, ping pong and foosball)
- FREE Wi-Fi



### McQueen Park Activity Center (MPAC)

510 N. Horne St.  
480-503-6294

Hours: M-F 8am-9pm  
SAT 9:30am-5pm  
SUN CLOSED  
CLOSED: 5/25

### Services provided:

- General facility information
- Recreation class/program registration
- Double gymnasium (basketball, volleyball and badminton courts)
- 8' x 36' Traverse wall
- Toddler play area
- Game area (billiards, ping pong, foosball & shuffleboard)
- FREE Wi-Fi



### Southeast Regional Library (SERL)

775 N. Greenfield Rd.  
480-503-6256 (Recreation Office)

Hours: Recreation Hours Vary

CLOSED: 4/5, 5/25

### Services provided:

- General facility information
- Recreation classes/programs
- FREE Wi-Fi

*For information regarding Library Services  
see LIBRARY SERVICES  
section beginning on page 56.*



# RECREATION CENTERS: ENTRY FEES & PASSES

## Freestone Recreation Center

*Passes include fitness center, indoor track, rock wall, gymnasium, racquetball courts, steam room, sauna, & drop-in fitness classes*

### DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDENT
Child (4 years & younger):	FREE	FREE
Youth/Teen (5-17 years):	\$2.50	\$3.75
Adults (18+ years):	\$4.00	\$6.00
Senior (60+ years):	\$3.50	\$5.25
Household*:	\$9.00	\$13.50

*\*Household is 2 adults and up to 4 youth/teens under 18*

### MONTHLY PASS RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$15.00	\$22.50
Adults (18+ years):	\$25.00	\$37.50
Senior (60+ years):	\$21.00	\$31.50
Senior Walking Pass:	\$5.00	\$5.00
Household*:	\$65.00	\$97.50

*\*Household is 2 adults and up to 4 youth/teens under 18*

### SIX-MONTH PASS RATES:

*Includes Kiddy Korner for up to 2 children (4 children for household)*

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$66.00	\$99.00
Adults (18+ years):	\$127.00	\$190.50
Senior (60+ years):	\$108.00	\$162.00
Household*:	\$325.00	\$487.50

*\*Household is 2 adults and up to 4 youth/teens under 18*

### ANNUAL PASS RATES:

*Includes Kiddy Korner for up to 2 children (4 children for household)*

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$110.00	\$165.00
Adults (18+ years):	\$204.00	\$306.00
Senior (60+ years):	\$173.00	\$259.50
Household*:	\$523.00	\$784.50

*\*Household is 2 adults and up to 4 youth/teens under 18*

### LOCKER RENTAL SERVICE:

Monthly Rental:	\$6.00
Six Month Rental:	\$36.00
Annual Rental:	\$60.00

### KIDDY KORNER:

*Child watch for ages 18 months-7 years for up to 2 hours. Parent must remain onsite during this time.*

Daily Pass:	\$2.50
Monthly Pass (one child):	\$18.75
Monthly Pass (additional child):	\$13.75

*All Freestone Recreation Center passes are honored at Gilbert Community Center and McQueen Park Activity Center.*

## McQueen Park Activity Center

*Passes include gymnasium & traverse wall use only*

### DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (7-17 years):	\$1.50	\$2.25
Adults (18+ years):	\$2.50	\$3.75
Senior (60+ years):	\$2.00	\$3.00

### MONTHLY PASS RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$12.00	\$18.00
Adults (18+ years):	\$18.00	\$27.00
Senior (60+ years):	\$15.00	\$22.50

*McQueen Park Activity Center monthly passes are honored at Gilbert Community Center.*

## Gilbert Community Center

*Passes include fitness center use only*

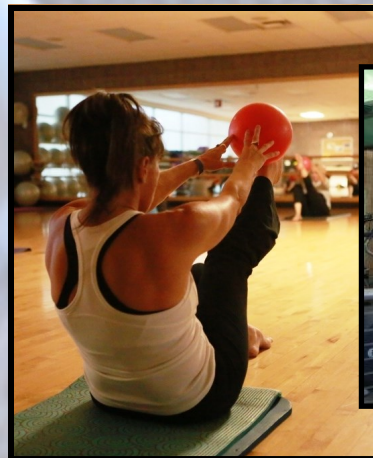
### DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (7-17 years):	\$1.50	\$2.25
Adults (18+ years):	\$2.50	\$3.75
Senior (60+ years):	\$2.00	\$3.00

### MONTHLY PASS RATES:

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$12.00	\$18.00
Adults (18+ years):	\$18.00	\$27.00
Senior (60+ years):	\$15.00	\$22.50

*Gilbert Community Center monthly passes are honored at McQueen Park Activity Center.*



Proof of residency is required to receive the resident rate. Acceptable forms include a current utility bill, phone bill or vehicle registration card showing a Gilbert address and a valid Arizona driver's license or state identification card showing a Gilbert address. Without acceptable proof the non-resident rates will apply.

# LIBRARY, POOLS & RIPARIAN INFORMATION

480-503-6200



## LIBRARIES

[www.mclidaz.org](http://www.mclidaz.org)



**Perry Library**  
1965 E. Queen Creek Rd.  
602-652-3000  
M-TH 10am-7pm  
F-SAT 10am-4pm  
SUN Closed



**Southeast Regional Library**  
775 N. Greenfield Rd.  
602-652-3000  
M-TH 10am-9pm  
F-SAT 10am-5pm  
SUN 1-5pm



**Friends of the Library**  
775 N. Greenfield Rd.  
480-539-5128  
M-SAT 10am-4pm  
SUN Closed


## POOLS: Open Seasonally May-August

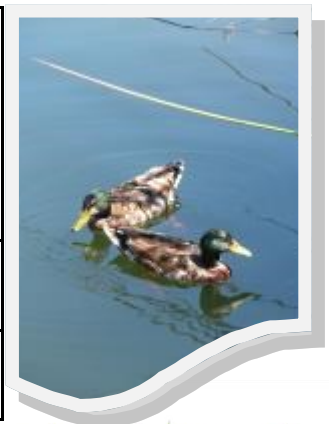
[www.gilbertaz.gov/aquatics](http://www.gilbertaz.gov/aquatics)

	Aquacise Classes	Concessions/ vending	Diving Boards	Junior Lifeguard Program	Kiddie Slides	Play Features	Private Rentals	Public Swim Sessions	Shade Ramadas	Splash Pad	Swim Lessons	Water Slides	Youth Swim & Dive Teams	Zero Depth Area
 <b>Greenfield Pool</b> 35 S. Greenfield Rd. (480) 503-6206	✓	✓	✓	✓	✓	✓		✓	✓		✓		✓	✓
<b>Mesquite Pool</b> 100 W. Mesquite St. (480) 503-6206		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
<b>Perry Pool</b> 1775 E. Queen Creek Rd. (480) 503-6206	✓	✓	✓			✓		✓	✓	✓	✓		✓	✓
<b>Williams Field Pool</b> 1900 S. Higley Rd. (480) 503-6206	✓	✓	✓			✓		✓	✓	✓	✓		✓	✓





## RIPARIAN PRESERVES

[www.gilbertaz.gov/riparian preserve](http://www.gilbertaz.gov/riparian%20preserve)

 R Some areas are available for reservations.	Barbeque Grills	Camping	Lake/Fishing	Observatory	Picnic Tables	Playground	Restrooms	Shade Ramadas
<b>Neely Ranch</b> 215 N. Cooper Rd.								✓
<b>Water Ranch</b> 2757 E. Guadalupe Rd. R	✓	✓	✓	✓	✓	✓	✓	✓





 Lights  Splash Pad  Some Areas Available for Reservations	Amphitheater	Baseball/Softball Fields	Basketball	Batting Cage	Bounce House Area*	Concessions	Dog Park	Equestrian/Multi-use Trail	Lake/Fishing	Multi-Use Fields	Picnic Tables/Barbeque Grills	Playground	Ramadas	Restrooms	Skate Park	Soccer Fields	Tennis Courts	Train Depot & Carousel	Volleyball Courts
Elliot District Park* 4536 E. Elliot Rd.		✓		✓				✓				✓	✓	✓					✓
Circle G Park 601 E. Encinas Ave.	R				✓			✓			✓	✓	✓				✓		
Cosmo Dog Park* 2502 E. Ray Rd.	R		✓				✓	✓	✓		✓	✓	✓	✓					
Crossroads District Park* 2155 E. Knox Rd.	R	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓			✓
Discovery District Park 2214 E. Pecos Rd.	R		✓		✓	✓		✓	✓	✓	✓	✓	✓	✓					✓
Freestone District Park* 1045 E. Juniper Ave.	R	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
Gilbert Soccer Complex 4260 S. Greenfield Rd.	R					✓								✓		✓			
John Allen Park 334 E. Elliot Rd.	R				✓					✓	✓	✓	✓						
McQueen District Park 480 N. Horne St.	R		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓			✓		✓
Nichols Park	R							✓		✓	✓		✓						
Oak Tree Park 301 W. Houston Ave.	R				✓						✓	✓	✓						
Page Park 120 N. Oak St.	R	✓			✓					✓	✓	✓							
Sunview Park 1417 N. Sunview Pkwy.	R				✓						✓	✓	✓						
Vaughn Avenue Basin 250 W. Vaughn Ave.	R																		
Veterans Park 70 W. Park Ave.	R										✓	✓	✓						
Villa Madeira Park 900 N. Pine St.	R				✓							✓							
Village II Park 125 E. Heather Ave.	R										✓	✓							
Vista Allegre Park 1145 N. Elm St.	R											✓							
Water Tower Plaza 45 W. Page Ave.	R													✓					
Zanjero Park 3785 S. Lindsay Rd.	R							✓			✓		✓	✓					

- \* ELLIOT DISTRICT PARK HOME OF BIG LEAGUE DREAMS: This facility is not managed by the Town of Gilbert. Please call 480-813-1270 for information.
- \* BOUNCE HOUSE AREAS: We allow bounce houses in our parks where designated with a reservation. An insurance certificate from the inflatable company will be required and the smaller parks will need a generator to operate the inflatables.
- \* COSMO DOG PARK-The OFF LEASH areas will be closed each Tuesday morning until noon for routine maintenance.
- \* CROSSROADS PARK: Home of AZ Ice (480-503-7080). AZ Ice offers 10%-20% discount for regular priced programs, entrance fees and birthday parties for Gilbert Residents. Also, check out the Recreation Learn to Skate classes offered inside this guide.
- \* FREESTONE PARK: The SKATE PARK is closed the first Tuesday of every month for routine maintenance. Home of the Freestone Railroad\* (480-632-2702) and the RIP City Batting Cages\*(480-497-9548). \*Not operated or managed by the Town of Gilbert, please contact them for more information.



# Looking for a rental space with a view?

**GILBERT PARKS AND RECREATION OFFERS A VARIETY OF LOCATIONS FOR FAMILY GATHERINGS, BIRTHDAY PARTIES AND MORE!**



**DISCOVERY PARK**



**MCQUEEN PARK**



**COSMO DOG PARK**



**RIPARIAN PRESERVE  
AT WATER RANCH**



**Contact the Parks and Recreation Main Office  
at 480.503.6200 to reserve your space.**

**Check availability online at**

**[www.GilbertRecreation.com](http://www.GilbertRecreation.com)**



# COMMUNITY ORGANIZATIONS

## Americans with Disabilities Act (ADA)

The Town of Gilbert complies with the Americans with Disabilities Act (ADA). For accommodations, please call (480) 503-6200.

## COMMUNITY RESOURCES

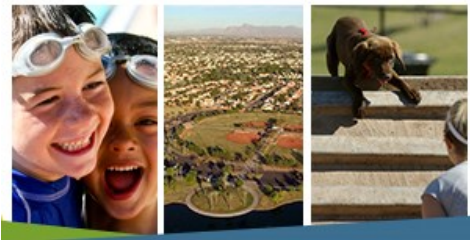
For more information on Social Service, Housing Assistance, and Fair Housing please visit our website:

[www.gilbertaz.gov/residents/housing-community-development](http://www.gilbertaz.gov/residents/housing-community-development)

## Gilbert Assistance Program (GAP)

A scholarship program is available to help economically disadvantaged children (age 17 and under) enroll in recreation programming or to obtain facility memberships. If you are interested in applying for a scholarship for your children, please contact the Gilbert Parks and Recreation office at (480) 503-6200 Mon-Thur from 7am-6pm. Download forms at:

[www.gilbertaz.gov/home/showdocument?id=480](http://www.gilbertaz.gov/home/showdocument?id=480)



## Get Out and Play

## Gilbert Sports Coalitions

**PLEASE NOTE:** Gilbert Parks and Recreation Department does not manage these programs.

This information is provided as a courtesy. Please contact the organizations directly for program information.

American Youth Soccer Organization	<a href="http://www.ayso688.org">www.ayso688.org</a>
Arizona Soccer Club	<a href="http://www.arizonasoccerclub.com">www.arizonasoccerclub.com</a>
Coast to Coast Football	<a href="http://www.coast2coastfootball.com">www.coast2coastfootball.com</a>
Gilbert American Little League	<a href="http://www.gilbertlittleleague.com">www.gilbertlittleleague.com</a>
Gilbert Boys and Girls Club	<a href="http://www.clubzona.org">www.clubzona.org</a>
Gilbert Football Association	<a href="http://www.gilbertfootball.com">www.gilbertfootball.com</a>
Gilbert National Little League	<a href="http://www.eteamz.com/gnll">www.eteamz.com/gnll</a>
Gilbert Softball Little League	<a href="http://www.azgsll.org">www.azgsll.org</a>
Gilbert Pop Warner Youth Cheer	<a href="http://www.gilbertchandlerpopwarner.org">www.gilbertchandlerpopwarner.org</a>
Gilbert Pop Warner Youth Football	<a href="http://www.gilbertchandlerpopwarner.org">www.gilbertchandlerpopwarner.org</a>
Gilbert Wham Basketball	<a href="http://www.whambasketball.com">www.whambasketball.com</a>
Gilbert Youth Soccer Association	<a href="http://www.azgysa.com">www.azgysa.com</a>
South East Diamondbacks Little League	<a href="http://www.eteamz.com/sediamondbacks">www.eteamz.com/sediamondbacks</a>
YMCA-Chandler/Gilbert	<a href="http://www.valleymca.org">www.valleymca.org</a>

## Neighbor 2 Neighbor

The Town of Gilbert developed the Neighbor 2 Neighbor Program to provide an easy way for Gilbert residents to help one another. 100% of funds donated are distributed to non-profit agencies that provide assistance to Gilbert's low-income families, individuals, disabled, seniors and at-risk youth. Gilbert residents can sign up to include a donation amount from \$2.00 to \$20.00 a month included with their utility bill. One time donations can also be made.

To find out more about the Neighbor 2 Neighbor Donation Program, go to the [www.gilbertaz.gov/utilities](http://www.gilbertaz.gov/utilities) or call 480-503-6800.

Sign up now to assist a Gilbert neighbor in need. By making a minimum donation, your contribution can help:

- Provide nutritious meals in food boxes.
- Transport elderly homebound residents to medical appointments.
- Provide safe shelter for a homeless individual or family.
- Provide an emergency rent payment to prevent eviction and homelessness.
- Provide after school activities for Gilbert youth while their parents are at work.

## School District Contact Information

Chandler Public Schools	<a href="http://www.chandler.k12.az.us">www.chandler.k12.az.us</a>
Gilbert Public Schools	<a href="http://www.gilbertschools.net">www.gilbertschools.net</a>
Higley Unified School District	<a href="http://www.husd.org">www.husd.org</a>



**PARKS & RECREATION**

**Sports Programs Information:**

Adults Sports: [www.gilbertaz.gov/adultsports](http://www.gilbertaz.gov/adultsports)

Youth Sports: [www.gilbertaz.gov/youthsports](http://www.gilbertaz.gov/youthsports)  
or call us at (480) 503-6200.

**INCLEMENT WEATHER POLICY**

Severe weather may result in field/park closures. For the most up-to-date information about these closures, call our Gilbert Parks and Recreation main information line at (480) 503-6201.



The Gilbert Parks and Recreation Department sponsors 3 seasons of Adult Softball, Basketball, and Volleyball leagues each year. Seasons are 9 weeks long ending in a single elimination tournament. Adult Softball is offered Winter, Spring and Fall. Men's Basketball and Co-Ed Volleyball is offered Winter, Summer and Fall. Download league flyers at [www.gilbertaz.gov/adult\\_sports](http://www.gilbertaz.gov/adult_sports).

SPORT	REGISTRATION DATES	START DATE	LEAGUE FEE
<b>Softball</b> Men's Co-Ed Women's	4/16 - Spring season registration takes place on 4/16 at the SE Regional Library where payment is due. Roster submittal is 3/9 - 4/9.	<b>5/3/2015</b>	\$365 singleheader \$580 doubleheader per team
<b>Basketball</b> Men's Upper B Intermediate C Lower D D 35+	4/6 - Summer registration accepted 4/6 - 4/30 or until leagues fill.	<b>5/10/2015</b>	\$490 per team
<b>Volleyball</b> Co-Ed Upper A Upper B	4/6 - Summer registration accepted 4/6 - 4/30 or until leagues fill.	<b>5/11/2015</b>	\$275 per team



**2015 YOUTH BALL PROGRAM**

Spots are still available!

**WALK-IN REGISTRATION: 2/9-2/19\***

\*Call 480-503-6200 after 2/19/15 for remaining possible openings.

**REGISTER TODAY!!**

The Gilbert Parks and Recreation Department offers a Youth Ball Program to all boys & girls who are interested in playing the game of softball, baseball or T-ball for the fun of the sport. This is an instructional recreation program that emphasizes fun, skill development, and team unity.

**The season runs March 30-May 7, 2015.**

**Five divisions offered. Ages 4-12 Years.**



# Community and Family Events Calendar

## Ongoing Events

### WIGGLE WORM ADVENTURES

Every Friday 9-11am  
5 Years and under  
Fee: \$1.50 Res./\$2.25 Non-Res  
McQueen Park Activity Center  
*See pg. 19 for more information*

### STORYTIME ADVENTURES with BEAR

2nd Friday of every month 10 & 10:30am  
All Ages Welcome Fee: FREE  
McQueen Park Activity Center  
*See pg. 19 for more information*

## March 2015

### GENEALOGY FAIR

March 7 8:15am-2:15pm  
18+ Years Fee: FREE  
Southeast Regional Library  
*See pg. 59 for more information*

### DOWNTOWN CONCERT

March 19 6:30pm  
KC Blues Band  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

### BUNNY HOP

March 27 12:30-1:30pm  
2-5Years Fee: \$5  
Freestone Recreation Center  
*See pg. 18 for more information*

### KA-POW! SUPERHERO ADVENTURE RUN

March 28 8am-12pm  
All Ages Welcome Fee: \$15 before  
March 23/\$20 on Event Day  
Freestone Park  
*For more information visit*  
[www.gilbertaz.gov/kapow](http://www.gilbertaz.gov/kapow)

## April 2015

### DOWNTOWN CONCERT

April 2 6:30pm  
The Cover Ups  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

### SENIOR EXPO

April 10 9am-12pm  
All Ages Welcome  
Gilbert Community Center  
*For more info see pg. 56*

### FAMILY MOVIE IN THE PARK

April 10 7pm  
All Ages Welcome Fee: FREE  
Gilbert Community Center  
The Box Trolls  
*See pg. 16 for more information*

### GILBERT GLOBAL VILLAGE

April 11 11am-5pm  
All Ages Welcome Fee: Free  
Gilbert Civic Center  
*For more information see pg. 14.*  
[www.gilbertaz.gov/globalvillage](http://www.gilbertaz.gov/globalvillage)

### DOWNTOWN CONCERT

April 16 6:30pm  
AZ Dueling Pianos  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

### EARTH DAY CELEBRATION

April 22 10am-12pm  
All Ages Welcome  
McQueen Park Activity Center  
*See pg. 18 for more information*

### DOWNTOWN CONCERT

April 30 6:30pm  
Dr. Ron and The Painkillers  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

## May 2015

### FAMILY MOVIE IN THE PARK

May 8 7:20pm  
All Ages Welcome Fee: FREE  
Gilbert Community Center  
Big Hero 6  
*See pg. 16 for more information*

### MOTHER/DAUGHTER SPRING TEA

May 9 10am-12pm  
2+ YEARS  
Fee: \$25 per couple  
Gilbert Community Center  
*See pg. 14 for more information*

### DOWNTOWN CONCERT

May 14 6:30pm  
The Real Thing Band  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

### DOWNTOWN CONCERT

May 28 6:30pm  
Billy Joel Tribute  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

## June 2015

### FAMILY MOVIE IN THE PARK

June 12 7:40pm  
All Ages Welcome Fee: FREE  
Gilbert Community Center  
The Book of Life  
*See pg. 16 for more information*

### DOWNTOWN CONCERT

June 4 6:30pm  
RJae Haas Band  
All Ages Welcome Fee: FREE  
Water Tower Plaza  
*For more information visit*  
[www.gilbertaz.gov/concerts](http://www.gilbertaz.gov/concerts)

# Mother Daughter Spring Tea



When: May 9, 2015

Time: 10am- 12pm

Where: The Gilbert Community Center

Cost: \$ 25 per Couple

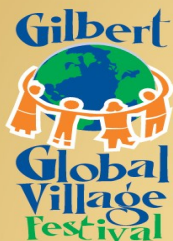
\$ 7 additional child/adult

Course Code:

81239- Couple

81240- Additional child/adult

For more info, contact the Gilbert Community  
Center at 480-503-6290



## 2015 Gilbert Global Village

Free Admission



Presented By:



Dignity Health™

Mercy Gilbert Medical Center

**Festival**



**Saturday - April 11, 2015**

**11am-5pm**

**Gilbert Civic Center**

**[www.gilbertaz.gov/gvf](http://www.gilbertaz.gov/gvf)**

**480-503-6200**



## COMMUNITY and FAMILY EVENTS



**Gilbert Outdoors Expo**  
at the Gilbert Riparian Preserve

**February 14 & 15**  
**10am-3pm**

Presented By:  
 **Dignity Health.**  
Mercy Gilbert Medical Center

**OFFERING SOME OF THE BEST OUTDOOR LEISURE ACTIVITIES IN THE VALLEY**



*Save the Date!*

Participate and Learn:  
**GUIDED TOURS**  
**OUTDOOR COOKING**  
**FISHING SKILLS**  
**CAMPING SKILLS**  
**KAYAKING**  
**BIRDING**

**Call** (480) 503-6200 or visit [WWW.GILBERTAZ.GOV/OUTDOORS](http://WWW.GILBERTAZ.GOV/OUTDOORS)

## Gilbert's Downtown Concerts



### KC Blues Band



**March 19th**

**6:30pm**

Water Tower Plaza

Presented By:



**Saint Xavier**  
UNIVERSITY



**POSTINO**  
winecafé

  
**FARM BUREAU**  
FINANCIAL SERVICES

Visit Gilbert's great downtown restaurants and enjoy local entertainment under the watertower

480-503-6200 | [gilbertaz.gov/concerts](http://gilbertaz.gov/concerts)

## Gilbert's Downtown Concerts



### The Cover-Ups

**April 2nd 6:30pm**



Water Tower Plaza

Presented By:



**Saint Xavier**  
UNIVERSITY



**POSTINO**  
winecafé

  
**FARM BUREAU**  
FINANCIAL SERVICES

Visit Gilbert's great downtown restaurants and enjoy local entertainment under the watertower

480-503-6200 | [gilbertaz.gov/concerts](http://gilbertaz.gov/concerts)

## FUN ZONE

*After School*

- Sports & games
- Arts & crafts
- Homework time
- New friends!



**\$35/month**

Registration avail through May 2015!

**McQueen Park Activity Center**  
510 N. Horne St. Gilbert 85233  
480-503-6233  
[www.gilbertaz.gov/funzone](http://www.gilbertaz.gov/funzone)

## COMMUNITY and FAMILY EVENTS



Presented By:  
**Banner**  
Health Center



**POW!**



Come dressed as your favorite superhero!  
The first 1000 to register receive a pair of Superhero Cape Socks!

**March 28th**  
**Freestone Park**  
**8am-Noon**

**All Ages!**

**ZAP!**



**\$15\***

**YIPPEEE!!!**

\*\$20 on March 28th

For registration information visit  
[www.Gilbertaz.gov/kapow](http://www.Gilbertaz.gov/kapow)  
or call 480-503-6200



**GilbertParksRec**


## Movie in the Park

Join us for a family friendly movie in the park on the big screen. Bring your blanket or chair for your friends and family and enjoy the outdoors! Outside food and drinks are welcome.

April 10<sup>th</sup> @ 7pm: The BoxTrolls  
May 8<sup>th</sup> @ 7:20pm: Big Hero 6  
June 12<sup>th</sup> @ 7:40pm: The Book of Life




Please call the Gilbert Community Center for any additional information 480-503-6290.



## Have your next Birthday party at Freestone Recreation Center

We are a 50,000 sq foot recreation facility equipped with a 42' rock climbing wall, gymnasium, racquetball courts and game tables (table tennis, foosball and billiards). With each birthday party package, you and your guests will have access to these amenities **PLUS** you get to leave the set up and clean up to us! Give us a call and we'll make your child's party unforgettable.

Call us today!  
**Freestone Recreation Center**  
1141 E Guadalupe Road  
480-503-6202  
<http://www.gilbertaz.gov/parks/popups/freestonerecctr.cfm>





## COMMUNITY and FAMILY EVENTS



An annual event, Gilbert Gets Out Month is an exciting opportunity for your family to “get out” and experience Gilbert and all that it has to offer. Each activity will provide your family with the opportunity to imagine, explore, discover, and play. These FREE activities take place throughout the month at various Town of Gilbert locations.

For more information, please contact (480) 503-6200.


*Making Gilbert a great place to play, that is our legacy!*

Date	Event	Time	Location
Thursday, April 2, 2015	Concert featuring: The Cover Ups	6:30-8:30pm	Water Tower Plaza 45 West Page Avenue, Gilbert (480) 503-6200
Friday, April 10, 2015	Senior Center Expo	9am-12pm	Gilbert Community Center 130 N. Oak Street (480) 503-6061
Friday, April 10, 2015	Movie in the Park featuring: The Box Trolls	7pm	Gilbert Community Center 130 N. Oak Street (480) 503-6290
Saturday, April 11, 2015	10th Annual Gilbert Global Village Festival	11-5pm	Gilbert Civic Center North Campus 50 E. Civic Center Drive (480) 503-6200
Sunday, April 12, 2015	Bird Walks Guided Tour	6-8am	Riparian Preserve 2757 E. Guadalupe Rd. 480-503-6200
Thursday, April 16, 2015	Concert featuring: AZ Dueling Pianos	6:30-8:30pm	Water Tower Plaza 45 West Page Avenue, Gilbert (480) 503-6200
Friday, April 17, 2015	Wiggle Worms (5 & younger)	9-11am	McQueen Park Activity Center 510 N. Horne (480) 503-6294
Friday, April 17, 2015	Prime Time Fitness Forum	10:30am-12pm	Freestone Recreation Center 1141 E. Guadalupe Rd. (480) 503-6202
Wednesday, April 22, 2015	Earth Day Celebration	10am-12pm	McQueen Park Activity Center 510 N. Horne (480) 503-6294
Tuesday, April 28, 2015	Bounce Bootcamp (5-12 years)	6:30-8pm	Freestone Recreation Center 1141 E. Guadalupe Rd. (480) 503-6202

*Activities are subject to change (Please check a current schedule before attending)*

**FREESTONE**  
*Recreation Center*

Bring your cute little kiddos and hop on over to Freestone for fun crafts, sweet snacks, a bunny hop sack race and of course, an egg hunt.




# BUNNY HOP

**Friday March 27th, 2015**  
**12:30-1:30pm**  
**\$8 per child**  
**Age 2-5 years old**  
**Adults are free**

Registration is required,  
so reserve your spot today,  
before it fills up!

Registration Open thru March 20th  
Code: 81363

1141 E Guadalupe Road, Gilbert AZ 85234  
480-503-6202



## **McQUEEN PARK ACTIVITY CENTER**

**Wednesday, April 22, 2015 • 10am-12pm**

**FREE** event, bring along a few friends!

### **FREE Family Activities**

- Face painting
- Recyclarts & crafts
- Recycling themed activities & games

### **FREE Earth Day Giveaways**

### **FREE Recycling at this Event!**

### **FOR MORE INFORMATION**

[www.gilbertaz.gov/mcqueen-activitycenter](http://www.gilbertaz.gov/mcqueen-activitycenter)

**480.503.6294 • 510 N. Horne St., Gilbert 85295**



## STORYTIME ADVENTURES *with* BEAR



Adventures are held the  
**2<sup>ND</sup> FRIDAY** of EVERY MONTH  
**10am & 10:30am** (seating available)

*(No registration necessary)*



Grab your best stuffed friend and join us for a classic children's story. Each month we will set out on a new adventure through the pages of our books and create a story inspired craft.

The pages turn at the McQueen Park Activity Center. 510 N Horne St. 480-503-6294.



## Wiggle Worm Adventures

Every FRIDAY (year round) from 9-11am

A clean, safe, indoor play area for you and your child to have some fun.

★ Mats ★ Hoops ★ Balls ★ Tunnels  
★ Ride on Toys ★ Music ★ and MORE!!

COST: \$1.50/Gilbert Resident  
\$2.25/Non-Resident

Designed for children 5 years and younger.  
Adult supervision is required at all times.  
*Maximum of 4 children/adult.*

**For more information, please call (480) 503-6294.**

McQueen Park Activity Center 510 N. Horne St., Gilbert 85233

# Gilbert Aquatics Programs Coming Soon!

## Splash Guide Online March 1st



Spring Swim Lessons and  
Spring Youth Swim and  
Dive teams start 3/30.

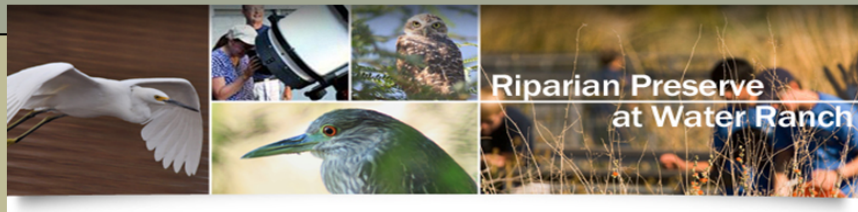
Summer Swim/Dive team  
registration begins April 7

Mesquite Aquatic Center  
renovation complete!



480.503.6200

[www.gilbertaz.gov/aquatics](http://www.gilbertaz.gov/aquatics)



### Come Tour the Preserve!

Join our Naturalist for a tour of the Riparian Preserve. Observe diverse species of beautiful ducks, elegant shorebirds in the ponds, songbirds, and jewel-like hummingbirds along the trails. Learn about the wonders of bird migration, native trees and wildflowers, and the importance of riparian habitats and water conservation. Tour dates are the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month from 9 – 10 a.m.

### Bird Walks

The Riparian Preserve at Water Ranch provides a great opportunity for bird watching. Close to 200 have been sighted and people come from different states and countries to see our beautiful and sometimes rare birds. Desert Rivers Audubon offers free Family Bird Walks every 3rd Saturday, October through March, from 8 a.m. to 12 noon, at the Dragonfly Ramada. They will loan binoculars and send small groups out with an expert birder for short walks. This is a nice way to enjoy the beautiful wildlife of the Preserve with your friends and family, and to learn about bird watching and bird identification.

For more information on Riparian programs and events visit Gilbert Parks and Recreation at [www.gilbertaz.gov](http://www.gilbertaz.gov)



## Introducing **TWO** exciting new ways to become a member at Freestone Recreation Center!

Age 18+ with qualifying insurance coverage.



Do you need to carve out some time to take care of yourself? Your membership can be paid for through Healthways giving you access to fitness classes, the fitness center, facility amenities, and more! Join FRC and the potential is unlimited! Check with your insurance carrier to see if your plan is Prime eligible!

A new partnership  
opportunity through



**HEALTHWAYS**



Age 55+ with qualifying insurance coverage.



Are you 55+ years old with a qualifying insurance plan? Your membership can be paid for through Healthways giving you access to great senior fitness classes, the fitness center, facility amenities, and more! Join our social and active older adult community as a Silver Sneakers member!



- Enrollment open now!
- Get healthy today!
- Silver Sneaker: 55+ years of age
- PRIME: Adults 18+
- Must be eligible for Healthways through your insurance provider and be issued a Healthways card.
- No enrollment fees/up-front cost.

For questions or more information, please contact:

### **Freestone Recreation Center**

1141 E Guadalupe Road

Gilbert, AZ 85234

**480-503-6202**

## ADAPTIVE RECREATION OVERVIEW

The Town of Gilbert's Adaptive Recreation Program strives to provide a comfortable, inviting, education and social environment where participants can learn and interact with others. The goal is to provide the best opportunities for participants to enrich their lives. It is our objective to aid in the building of lifelong friendships as well as individual life skills. It is our hope that our programs will enrich the lives of our participants.



## ADAPTIVE RECREATION CLASSES

## COOKING 101

In your cooking class, we will provide easy to follow recipes that are fun to make and fast to put together. We will also learn basic kitchen safety tips. How-to instructions will be provided each week to re-create at home. Bring home the skills to be a great chef! The possibilities are endless! *This class is designed specifically for persons with special needs.* **Participants should be able to follow simple directions. You must register for this class, drop-in is not allowed for this class.**

## 12+ YEARS

81228	W	3/18-4/15	5-6pm	CC	\$35
81229	W	4/22-5/13	5-6pm	CC	\$28

Instructor: Chauncey Milbrandt

## HANDMADE CRAFTS

Come have fun with your friends while making a new craft each week. Each handmade craft will be a great keepsake item for yourself or to give as a gift. *This class is designed specifically for persons with special needs.* Can't come every week? Pay as you go. **You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.**

## 12+ YEARS

81230	T	3/17-5/12	4:30-5:30	CC	\$45
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Instructor: Chauncey Milbrandt

**\*\*SENSORY & MOTION TIME-PARENT/TOT\*\***

This class will be led by two pediatric occupational therapists. Parents will learn how to incorporate sensory activities to promote sensory integration and regulation. Toys and crafts will also be used to teach developmental skills. *These classes are designed for participants with special needs. A therapy dog may be used for some sessions. A \$10 supply fee will be collected by the instructor on the first day of class.*

## 1-3 YEARS

81299	SAT	3/21-5/16*	10-11am	CC	\$50
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## 4-6 YEARS

81300	SAT	3/21-5/16*	9-10am	CC	\$50
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Instructor: The Therapy Farm Staff **\*No class 4/4**



## SENSORY STRATEGIES AND DIETS

This class will be led by two pediatric occupational therapists. Participants will try out various sensory activities to explore what they like and how to be in a ready to learn/work state. *These classes are designed for participants with special needs. A therapy dog may be used for some sessions. A \$10 supply fee will be collected by the instructor on the first day of class.*

## 6-12 YEARS

81301	SAT	3/21-5/16*	11am-12pm	CC	\$50
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Instructor: The Therapy Farm Staff **\*No class 4/4**

## SANCHIN-RYU KARATE-ADAPTIVE

Have fun learning the fundamental movements of Sanchin-Ryu. Benefits of this program include: Enhanced balance and coordination, improved motor-skills and useful self-defense techniques. Students study in a fun, high-energy, non-competitive environment. *Participants must be able to follow simple directions. Please wear comfortable clothing that does not restrict movement.*

## 10+ YEARS

81298	M	3/16-5/11	4:30-5:30pm	CC	\$43
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Instructor: Sanchin-Ryu Staff

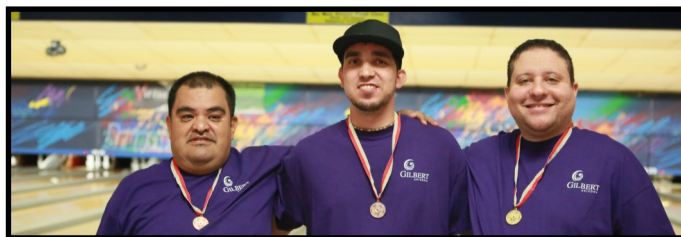
## RECREATION BOWLING

Taking part in this sport provides individuals the chance to develop physical fitness, self-confidence and build strong relationships. Those needing extra supervision must provide his/her own aide. Register in advance to guarantee your bowling lane. Can't come every week; pay as you go. *Practices will be held at Brunswick Zone XL; 1160 S. Gilbert Rd.* Register early space is limited! **All bowlers must register or RSVP to guarantee space no exceptions, 480-503-6290!**

## 8+ YEARS

81231	TH	3/19-5/14	4:30-5:30pm	BZ	\$45
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Instructor: Gilbert Staff



## ZUMBA

This is a slower paced cardio workout designed for beginners and those with physical limitations. Easy to follow dance steps are set to unique Latin dance music to help maximize caloric output with fun, fat burning movements. This class increases skills in coordination, balance, discipline, memory, and movement. Can't come every week? Pay as you go. **You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.**

## 13+ YEARS

81232	M	3/16-5/11	5-6pm	CC	\$45
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Instructor: Michelle Dulansky



## EVENTS

Events are held at the Gilbert Community Center  
130 N. Oak St. Gilbert, AZ 85233, unless otherwise noted.

### MARCH-MOVIE AT THE COMMUNITY CENTER

Sit back, relax, and enjoy the nice weather while watching a movie in the park! You bring a blanket or chair and we will have pizza, popcorn, and drinks! Movie is TBA and will be shown on the big screen outside of the Gilbert Community Center.

#### 12+ YEARS

80552	F	3/27	6:30-8:30pm	CC	\$5
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### APRIL-KARAOKE

It's here again! Warm up those vocal chords and get those dance moves ready because it's karaoke time! Enjoy a night of singing, dancing and socializing with your friends. Food and drinks will be served. Karaoke is held at the Gilbert Community Center, 130 N. Oak St.

#### 8+YEARS

81218	F	4/17	6-9pm	CC	\$5
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### MAY- SUPERHERO PROM

Time to bust out those super powers because this years prom is super hero themed! Capes, laser beams, and night vision goggles are all welcome on this special night! We will of course have a photo booth with fun props and send you home with a keepsake photo from the evening. This dance will be held at the Gilbert Community Center, 130 N. Oak St.

#### 8+YEARS

81219	F	5/15	6-9pm	CC	\$5
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## FIELD TRIPS

### MARCH- SPRING TRAINING

Join us at the Cubs stadium as we watch the Cleveland Indians battle the Chicago Cubs for the most runs! We will be sitting in the lawn and will bring blankets. Please bring money for food.

Transportation is provided and is limited to 20 passengers.

Participants are welcome to join us at The Main Event once the van is full. *Registration is required to receive group pricing.*

#### 12+ YEARS

80567	F	3/13	TBA	CC	\$10
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### WEDNESDAY NIGHT SOCIAL NIGHT

Join us every other Wednesday night as we get together for a social hour with friends! We will play bingo, sing karaoke, boogie to the top hits, and more as we spend some time getting to know each other. *The Town of Gilbert will no longer be providing snacks for social nights, please contact the Community Center at 480-503-6290 if you would like to donate a snack. FREE!! Registration is appreciated.*

#### 12+ YEARS

80557	W	3/4	6-7pm	CC FREE	KARAOKE
80558	W	3/18	6-7pm	CC FREE	SOCK HOP
81222	W	4/1	6-7pm	CC FREE	BINGO NIGHT
81223	W	4/15	6-7pm	CC FREE	KARAOKE
81224	W	4/29	6-7pm	CC FREE	SOCK HOP
81225	W	5/13	6-7pm	CC FREE	BINGO NIGHT

### APRIL- LAKE RIDE ON THE DOLLY STEAMBOAT

Come take a ride on the dolly steamboat! We will enjoy the crisp Canyon Lake air as we take in the beautiful desert surroundings, we may even get to see some desert animals! After the boat ride we will go out to eat so please bring additional money for lunch.

Transportation is provided and is limited to 20 passengers. Participants are welcome to join us at Canyon Lake once the van is full. *Registration is required to receive group pricing.*

#### 14+ YEARS

81220	F	4/24	10:30am-4pm	CC	\$22
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### MAY- BUILD-A-BEAR FIELD TRIP

On this field trip we will go to Build-A-Bear where you can choose a toy to stuff! Give your toy a name and take it with you to their new special home. After we will go to the food court at the mall to eat lunch. Please bring additional money for lunch. **Transportation is provided and is limited to 20 passengers.** Participants are welcome to join us at Chandler Mall once the van is full. *Registration is required to receive group pricing.*

#### 8+ YEARS

81221	F	5/22	10am-2pm	CC	\$25
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If you would like to receive the Adaptive Recreation newsletter, flyers and emails about upcoming programs, classes and socials events please send an email to [Krista.Neugebauer@gilbertaz.gov](mailto:Krista.Neugebauer@gilbertaz.gov) to join.



## SPRING BREAK CAMPS



### DANCE INTENSIVE CAMP

Looking for just the right camp to get your twinkle toes moving? This class will give you the opportunity to try out a variety of dance styles as each week focuses on a different dance. Could be a mix of ballet, tap, tumbling, hip hop, ballroom, jazz, lyrical, pom and cheer routines, Broadway, clogging, swing, etc.

#### 8-11 YEARS

81296 M-F 3/9-3/13 1-2:30pm FRC \$38

Instructor: Jennifer Myers

### HORSEMANSHIP SPRING BREAK CAMP

Participants will ride daily; learn proper haltering techniques and grooming skills, such as: clipping and braiding, how to bathe a horse, cleaning, and proper care of the tack. The class will end with daily feeding of the horses. Bring a water bottle each day and wear a heeled shoe for riding. *Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd. San Tan Valley, 85140. Parent or guardian of participants age 17 & under must attend first class to sign liability waiver at facility.*

#### 8+ YEARS

81373 M-F 3/9-3/13 8-10am VSB \$215

Instructor: Valley Silver Bullets Staff

### JR. EXPLORERS CAMP

Journey to the ends of Earth, into the deep-sea, and through the vast Savanna this spring. Discover mysterious caves and explore the hidden secrets of the rainforest by exploring the globe and unearthing scientific discoveries!

#### 8-12 YEARS

80612 M-TH 3/9-3/12 9am-12pm SERL \$100

Instructor: Arizona Science Center Staff

### SUPER SCI-TECH SPRING BREAK CAMP

Did you love the Super Science Shows? Want to be more hands on with the science? Join us for our Super Sci-Tech Spring Break Camp where you'll get to be the scientist! **A \$30 supply fee will be collected by the instructor on the first day of camp.**

#### 6-12 YEARS

80635 M-F 3/9-3/13 9-11:30am MPAC \$200

Instructor: Science Matters Staff



### MOVIES BY KIDS CAMPS

MOVIES BY KIDS is a creative program designed for teaching young students the exciting process of movie making and animation. *All student projects are uploaded to the Movies By Kids website and available to view or download at [www.moviesbykids.com](http://www.moviesbykids.com). Movies By Kids Staff supervised lunch from 12-1pm for students taking both morning and afternoon camps. All camps are staffed by Movies By Kids.*

### CLAY ANIMATION WITH IPODS

In this camp students will storyboard their idea, then design, create and animate their own clay characters. The process starts by building an armature or "Skeleton" for the character, then all the layers of clay are applied until ready for the camera. Students make their characters come to life by operating brand new Apple iPod Touches and then supply the voices for their characters. **A \$15 supply fee will be collected on the first day camp.**

#### 7-13 YEARS

81374 M-F 3/9-3/13 1-4pm MPAC \$129

### LEGO® ANIMATION WITH IPODS

Using the magic of stop motion animation, students will make movies using brand new Apple iPod Touches! In this super creative camp, kids create & animate their own short films using a variety of different formats. Finally, the students will become the voice for the characters in their movies. By the end of the camp, they will have created their own animated short film. **A \$15 supply fee will be collected on the first day camp.**

#### 7-13 YEARS

81375 M-F 3/9-3/13 9am-12pm MPAC \$129

### MINECRAFT MOVIE MAKING

Do you love Minecraft? Join this exciting camp where kids will design a Minecraft world using Lego® blocks, create their own crazy Minecraft characters out of clay & putty and finally, utilize iPods to create their own Minecraft movie and become the voices for all the characters. Create monsters, creepers or your own personal hero to tackle the incredible environment that you create. Bring in a USB thumb drive and take home your masterpiece along with all the other movies in the camp. **A \$15 supply fee will be collected by the instructor on the first day of camp.**

#### 7-13 YEARS

81376 M-F 3/9-3/13 9am-12pm SERL \$129

81377 M-F 3/9-3/13 1-4pm SERL \$129



### THEATRE BOOT CAMP

Have a star on the rise? Come learn anything and everything about theatre from auditions through performance. Each day we will focus on learning the music, scene work, and dancing/movement. By the end of the week we will have put together a production number to perform for family and friends.

#### 9-12 YEARS

81297 M-F 3/9-3/13 9am-12pm FRC \$72

Instructor: Jennifer Myers



**SPORTBALL CAMPS**

Sportball utilizes developmentally appropriate techniques to enhance motor skills, social skills and sport strategy. In order to develop each child's independence, confidence and teamwork skills, we respectfully request parents remain outside of the classroom. If there is anxiety, coaches will work with parent and child in class to reach a level of comfort. All coaches are professionally trained and must pass a rigorous Sportball certification process. Sportball provides all equipment.

**BASEBALL CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in baseball. Skills include: throwing, catching, correct batting form, running bases, fielding and positional play. **Please bring a baseball glove.**

**6-8 YEARS**

80622	M-F	3/9-3/13	10-11am	MPARK	\$58
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**8-10 YEARS**

80625	M-F	3/9-3/13	10-11am	MPARK	\$58
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**BASKETBALL CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in basketball. Skills include: shooting, ball handling, passing, defense, offense, footwork, teamwork and positional play.

**3-6 YEARS**

80615	M-F	3/9-3/13	2:15-3:15pm	MPARK	\$58
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**6-8 YEARS**

80623	M-F	3/9-3/13	2:15-3:15pm	MPARK	\$58
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**8-12 YEARS**

80624	M-F	3/9-3/13	2:15-3:15pm	MPARK	\$58
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**FLAG FOOTBALL CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in football. Skills include: throwing, catching, kicking, snaps, handoffs, footwork, field goals, teamwork, touchdowns and positional play.

**3-6 YEARS**

80616	M-F	3/9-3/13	11am-12pm	MPARK	\$58
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**6-8 YEARS**

80628	M-F	3/9-3/13	11am-12pm	MPARK	\$58
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**8-12 YEARS**

80627	M-F	3/9-3/13	11am-12pm	MPARK	\$58
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**SOCCER CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more! Coaches are trained athletes who have a passion for sharing their love of Soccer.

**3-6 YEARS**

80618	M-F	3/9-3/13	9-10am	MPARK	\$58
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**6-8 YEARS**

80630	M-F	3/9-3/13	9-10am	MPARK	\$58
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**8-12 YEARS**

80631	M-F	3/9-3/13	9-10am	MPARK	\$58
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**T-BALL CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Baseball. Skills include: throwing, catching, correct batting form, running bases, fielding and positional play. Coaches are trained athletes who have a passion for sharing their love of Baseball.

**3-6 YEARS**

80619	M-F	3/9-3/13	10-11am	MPARK	\$58
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**TENNIS CAMP**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in tennis. Skills include: serves, forehand, backhand, volley and more!

**3-6 YEARS**

80621	M-F	3/9-3/13	1-2pm	MPARK	\$58
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**6-8 YEARS**

80634	M-F	3/9-3/13	1-2pm	MPARK	\$58
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**8-12 YEARS**

80632	M-F	3/9-3/13	1-2pm	MPARK	\$58
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**LEGO CAMPS**

Everybody loves LEGOS®! These camps focus on teaching children basic computer skills and concepts, basic programming, creative problem solving, concentration & perseverance, critical thinking, cooperation, confidence, designing, planning & organizing, teamwork, communication, and independent thinking. Learning the fun way!

**BUILDING FUNDAMENTALS "MACHINES & MECHANISMS"**

Explore machines and mechanisms using LEGO™ Educational building systems. This class focuses on basic concepts behind structures, forces, levers, wheels, axles, gears, pulleys, and energy sources. Children explore problem-solving activities designed to solve tasks related to mechanical principles.

**5-7 YEARS**

80613	M-F	3/9-3/13	9am-12pm	SERL	\$125
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Instructor: Brian Bouffard

**ADVANCED BUILDING "SIMPLE & ADVANCED MACHINES"**

Advanced exploration of complex machines using LEGO™ Educational building systems. This class focuses on advanced building concepts: rack/pinion, transmission, differential gears, and investigate motorized machines. Children explore problem-solving activities designed to solve tasks related to advanced mechanical principles.

**7-12 YEARS**

80614	M-F	3/9-3/13	1-4pm	SERL	\$135
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Instructor: Brian Bouffard

**Credit/Refund Requests must be made by  
7 business days prior to start of camp.  
Call (480) 503-6200 for further information.**

**KIDZ KAMP-SPRING BREAK**

Don't miss out on the Spring break excitement! Freestone Recreation Center is pleased to announce Spring Break Kidz Kamp, a program designed for children ages 5-12. Participants will have an opportunity to make new friends and participate in a wide variety of recreational activities.

**\*Sports \*Active Games \*Board Games \*Crafts \*Rockwall**

**Request for credit or refunds must be made 7 days before the program date.**

**5-12 YEARS**

80885	M-F	3/9-3/13	9-12pm	FRC	\$47
80886	M-F	3/9-3/13	1-4pm	FRC	\$47

**KIDZ KAMP-DAILY RATES**

Can't go the full week of Kidz Kamp? We are now offering drop in style for those who want to sign up for a day or more. Drop in is offered Tuesday-Friday. The flexibility is yours to choose the days and times that fit your schedule. Kidz Kamp is designed for youth ages 5-12 that will participate in a variety of sports, games, arts, and crafts.

**No Credits or refunds for KIDZ KAMP - DAILY RATES.**

**5-12 YEARS**

80887	T	3/10	9am-12pm	FRC	\$13
80888	T	3/10	1-4pm	FRC	\$13
80889	W	3/11	9am-12pm	FRC	\$13
80890	W	3/11	1-4pm	FRC	\$13
80891	TH	3/12	9am-12pm	FRC	\$13
80892	TH	3/12	1-4pm	FRC	\$13
80893	F	3/13	9am-12pm	FRC	\$13
80894	F	3/13	1-4pm	FRC	\$13

**PIT STOP LUNCH**

Is your child enrolled in the morning and afternoon session of the Freestone Recreation Center Kidz Kamp? If so, you can register them for the Daily Pit Stop where they will be able to re-fuel their bodies before the afternoon session of Kamp. At 12pm, when the morning session of Kamp ends, your child will be taken to another room. There they can eat their lunch, play board games, and socialize in a supervised setting. At 1pm your child will be checked into the afternoon Kidz Kamp. **Lunch will not be provided.** Children must bring their own packed lunch, preferably in a lunch box with cold packs as a refrigerator will not be available. **Requests for refunds or credits must be made 7 days before the start of the program.**

**5-12 YEARS FULL WEEK**

80897	M-F	3/9-3/13	12-1pm	FRC	\$15
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**Daily rates for Pit-Stop Lunch will be available. No need to register, just come in the day of and pay. Daily Rate: \$4**

**KIDZ KAMP OVERTIME**

Parents can't get to work on-time or leave work early? Freestone will be taking registration for early drop-off and late pick-up for Kidz Kamp. **Requests for refunds or credits must be made 7 days before the start of the program.**

80895	M-F	3/9-3/13	8-9am	FRC	\$15
80896	M-F	3/9-3/13	4-5pm	FRC	\$15

**Don't need the whole week? Daily rates for Overtime will also be available. No need to register, just come in the day of and pay. Cost per day: \$4**





**Aquatics 2015 News!**

- ◆ **Look for the 2015 Splash Guide on March 1st.**
- ◆ **New spring programming coming soon at Mesquite Pool!**
- ◆ **Spring swim teams start in April.**







Join the Kidz Kamp Leaders for some Fall fun as we celebrate the Fall season and all that it has to offer. Camp selections include Full Week Camp, Daily Rates, Pit Stop Lunch and Overtime. Each day your camper will enjoy a variety of activities such as arts & crafts, science experiments, board games, active play, and rock wall climbing. Kidz Kamp is for kids age 5-12 years old. Camp is held at the Freestone Recreation Center.



### Full Week Camp - \$47

Offered in two daily sessions, morning and afternoon.

**9:00am-12:00pm**

80885 M-F 3/9-3/13

**1:00-4:00pm**

80886 M-F 3/9-3/13

### Daily Rates - \$13

Tuesday	Wednesday	Thursday	Friday
10	11	12	13
AM 80887	AM 80889	AM 80891	AM 80893
PM 80888	PM 80890	PM 80892	PM 80894



### Pit Stop Lunch - \$15

Pit stop lunch is from 12-1pm. Campers must bring in a sack lunch. Please note a refrigerator and microwave are not available, please plan your child's lunch accordingly.

80897 M-F 3/9-3/13 12-1pm



### Overtime - \$15

Overtime is available up to one hour before and/or after Kamp.

**8:00-9:00am**

80895 M-F 3/9-3/13

**4:00-5:00pm**

80896 M-F 3/9-3/13



Parent/Tot classes are designed to encourage both parent and child participation through instructor led activities. With YOU by their side, children will experience skills in sharing, listening and following directions. Classes are recommended for first time participants and those who aren't quite ready to leave your side. This is a great opportunity to spend quality time with your child and enhance their skills.

## ▶ ACADEMICS



### \*\*GREAT STARTS-PARENT/TOT\*\*

This class will prepare your child for preschool by reinforcing letters, numbers, shapes and colors with you by their side. Math, music, arts and crafts, science and playtime will all be part of our curriculum. We will end our class with story time and snacks.

#### 2-3 YEARS

81103 T/TH 3/17-5/14 9-10am MPAC \$106  
Instructor: Carolyn Love

## ▶ ARTS & CRAFTS



### \*\*SILLY SCIENCE & DISCOVERY- PARENT/TOT\*\*

Let's make a mess exploring science and discovering new things. In this class your child will use all their senses to discover and explore their environment, and develop their imagination, creative thinking and ability to problem solve and experiment with solutions. Dress for a mess!

#### 2-4 YEARS

81169 M 3/23-5/12 10-10:45am CC \$48  
Instructor: Xiomara Cantore

### \*\*DISCOVERY ART-PARENT/TOT\*\*

Come and explore, create and learn in this exciting class that develops and encourages self-expression and confidence through arts. Children will have fun and learn with different colors, shapes and textures. We will use a variety of art supplies including glue, clay, paint, play-dough, and more!

#### 1 ½ -2 YEARS

81171 M 3/23-5/11 11-11:45am CC \$48  
Instructor: Xiomara Cantore

"My daughter always left so happy and made friends!"

### \*\*MESSY MONSTERS-PARENT/TOT\*\*

Bring your toddler in for a messy art experience designed just for them! Shaving cream, paint and play-dough projects will engage your child's senses while they have a messy good time. Class will end with a mom and tot circle time to enjoy songs and play or story time. Come explore the amazing world of art and leave the clean up to us! *Mom and tot will get messy, please remember to dress down for a messy time!*

#### 1 ½ -3 YEARS

81104 F 3/20-5/15\* 10:15-11am MPAC \$48  
Instructor: Stephanie Bono **\*No class 4/3**

#### 2 ½ -4 YEARS

81172 M 3/23-5/12 3:30-4:15pm CC \$48  
Instructor: Xiomara Cantore



### \*\*SPRING INTO ART-PARENT/TOT\*\*

Children will blossom with pride when bringing home their creations. Participants will be experimenting with different textures, products and art techniques while getting the opportunity to create some magnificent works of art.

#### 2-3 YEARS

81173 F 3/20-4/10\* 10:15-10:45am CC \$25  
Instructor: Susan Garner **\*No Class 4/3**

### \*\*SQUISHY, MESSY, STICKY ART-PARENT/TOT\*\*

Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us! *Mom and tot will get messy, please remember to dress down for a messy time!*

#### 2-3 YEARS

81017 M 3/16-5/11 9-9:45am SERL \$53  
Instructor: TBA

#### 2-5 YEARS

81105 F 3/20-5/15\* 9:15-10am MPAC \$48  
Instructor: Stephanie Bono **\*No class 4/3**



**\*\*For all Parent/Tot classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session. Participants must be the minimum age by the first day of class.\*\***





## PARENT/TOT CLASSES

(Birth-6 years)



### DANCE/CHEER



#### \*\*BUBBLES, BAUBLES & BOWS-PARENT/TOT\*\*

Wiggle, dance, tumble and pop your way into this magical class! You and your child will learn the basics of tap, ballet, tumbling and active movement to surely keep you coming back for more! Silly songs, props and dress up costumes will be incorporated to let your child express their creative side. Now, what class would be complete without a bubble parade? *Soft soled dance shoes and tap shoes are recommended for your child but not required.*

##### 2-3 ½ YEARS

81106 T 3/17-5/12 9-9:45am MPAC \$45

Instructor: TBA

#### \*\*TWINKLE TOES-PARENT/TOT\*\*

Class is full of imagination and fun allowing you to interact with your child to introduce the fundamentals of dance techniques in ballet, tap and tumbling. Dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem and take the first step to leaving your side! *Soft soled dance shoes and tap shoes are recommended for your child but not required.*

##### 2-3 ½ YEARS

81107 M 3/16-5/11 11-11:45am MPAC \$45

Instructor: Branigan Seay

81174 SAT 3/21-5/16\* 9-9:45am CC \$40

Instructor: Lauren Cantrell **\*No Class 4/4**

81108 SAT 3/21-5/16\* 9:30-10:15am MPAC \$40

Instructor: Sharon Moreno **\*No class 4/4**



### GYMNASTICS



#### \*\*HEAD OVER HEELS GYMNASTICS-PARENT/TOT\*\*

Parents will learn to assist their little gymnast through warm-ups and stretching before jumping, climbing, crawling and rolling on our kid-friendly gymnastics equipment. Children are encouraged to explore the world of movement using mats and balance beams to build strength, balance and coordination. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

##### 2-3 YEARS

81109 T 3/17-5/12 10-10:45am MPAC \$45

Instructor: Glynne Browning



### MARTIAL ARTS



#### \*\*SANCHIN-RYU KARATE-PARENT/TOT\*\*

Have fun with your little one as you both learn the fundamental movements of Sanchin-Ryu. Benefits of this program include: enhanced balance and coordination, improved motor-skills and useful self-defense techniques. Classes are taught in a fun, high-energy environment. *Please wear comfortable clothing that does not restrict movement.*

##### 3-6 YEARS

81018 M 3/16-5/11 5:30-6:30pm CC \$43

81019 F 3/20-5/15\* 5:30-6:30pm FRC \$38

Instructor: Sanchin-Ryu Staff **\*No Class 4/3**



### SPECIAL INTEREST



#### \*\*ABC MUSIC & ME-PARENT/TOT\*\*

Come sing, dance, make music and learn. This class will help develop pre-literacy and language skills through a child's most-loved rituals: music, story time, and fun. A new theme and materials are introduced each session. The class materials include a CD with all the music from class and a magazine-style Family Guide that includes the class story. The instructor, Colleen Rogers, has been a licensed Kindermusik educator since 1998. Her love for children and music is evident in her classes. **A \$17 materials fee will be collected on the first day of class.**

##### 2-4 YEARS

81020 T 3/17-4/7 9:30-10:10am SERL \$30

81021 T 3/17-4/7 10:30-11:10am SERL \$30

81022 W 3/18-4/8 9:30-10:10am SERL \$30

81023 W 3/18-4/8 10:30-11:10am SERL \$30

81379 T 4/21-5/12 9:30-10:10am SERL \$30

81380 T 4/21-5/12 10:30-11:10am SERL \$30

81381 W 4/22-5/13 9:30-10:10am SERL \$30

81382 W 4/22-5/13 10:30-11:10am SERL \$30

Instructor: Colleen Rogers



**\*\*LITTLE SPROUTS MUSIC TIME-PARENT/TOT\*\***

Join us for a fun, musical and sensory-filled experience. Themed and seasonal songs and musical opportunities will be included each week. Children are exposed to a variety of sounds and musical instruments to play. Weekly themes use a wide variety of instruments and musical experiences to help promote cognitive, motor, communication, and emotional/social development. All lead instructors are degreed, nationally Board Certified Music Therapists.

**1 MONTH-4 YEARS**

81025	W	3/18-4/15	9-9:45am	CC	\$51
81024	W	3/18-4/15	10-10:45am	CC	\$51
81026	W	4/22-5/13	9-9:45am	CC	\$41
81031	W	4/22-5/13	10-10:45am	CC	\$41
81027	TH	3/19-4/16	10-10:45am	MPAC	\$51
81028	TH	3/19-4/16	11-11:45am	MPAC	\$51
81029	TH	4/23-5/14	10-10:45am	MPAC	\$41
81030	TH	4/23-5/14	11-11:45am	MPAC	\$41

Instructor: Higher Octave Healing Staff



**\*\*BEGINNERS EDGE SOCCER TRAINING-PARENT/TOT\*\***

Beginners Edge Soccer Training skill building, non-league weekly soccer program will engage your kids in the world of soccer by presenting activities that are fun WHILE learning. This is the B.E.S.T. way to introduce your little player to their first experience with the world of soccer. They will be exposed to the following skills: Dribbling, Kicking, Throw-Ins, Headers, Goalie Skills, Scrimmaging and more. *Please bring soccer ball and water bottle.*

**2-3 YEARS**

81033	SAT	3/21-5/2*	9-9:45am	FRC	\$77
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Instructor: Beginners Edge Sports Training Staff **\*No class 4/4**

**\*\*GOLF CLASSES-PARENT/TOT\*\***

Join the expert coaches of the award winning Outback Golf Academy. Join your child in this fun and educational class that will touch on all of the key components of the game of golf! *Please wear tennis shoes and bring a water bottle. This class will meet on the driving range at Western Skies Golf Club (WS) located at 1245 E. Warner Rd., Gilbert, AZ 85296.*

**3-6 YEARS**

81307	M	3/23-5/11	9-9:45am	WS	\$80
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Instructor: Outback Golf Academy Staff

**\*\*LIL' SLUGGERS BASEBALL-PARENT/TOT\*\***

Introduce fielding, throwing, hitting, base recognition and overall motor skill development. *Please bring a baseball batting tee.*

**2-3 YEARS**

80998	SAT	3/21-5/2*	11-11:45am	FRC	\$77
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Instructor: Beginners Edge Sports Training Staff **\*No class 4/4**

**SPORTS**



**\*\*BEGINNERS EDGE 2 MULTI-SPORT-PARENT/TOT\*\***

For this Multi-Sport Program we will explore soccer/baseball. Three weeks of each sport (in an six week Session, will offer you the flexibility to see which sport your child likes best OR have fun playing more of the sports your child loves. *For soccer you will need a Size #3 or #4 soccer ball and for baseball you will need a baseball batting tee, we provide all the other equipment.*

**2-3 YEARS**

81032	SAT	3/21-5/2*	3-3:45pm	FRC	\$77
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Instructor: Beginners Edge Sports Training Staff **\*No class 4/4**

**"Parent/tot classes are fun for children and adults!  
They are a great way to meet other parents."**

**UPDATE YOUR ACCOLUNT WITH US!**

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!

**\*\*For all Parent/Tot classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session. Participants must be the minimum age by the first day of class.\*\***





## PARENT/TOT CLASSES

(Birth-6 years)

### \*\*MY FIRST SPORTS CLASS-PARENT/TOT\*\*

Together, you and your child will have fun learning the basics of various sports such as t-ball, soccer and basketball while developing large motor skills and coordination. Emphasis is on learning to follow directions, take turns, develop coordination and promote self esteem. *Participants must wear tennis shoes.*

#### 2-3 YEARS

81110 W 3/18-5/13 10-10:45am MPAC \$45

Instructor: JJ Barksdale

### \*\*SPORTBALL PARENT & CHILD\*\*

Sportball Multi-Sport programs teach children important introductory skills and ABC's (agility, balance, coordination and speed) associated with our eight core sports (hockey, soccer, tennis, baseball, basketball, volleyball, golf and football) and help them to develop confidence in their abilities. The programs also help adults understand proven teaching techniques that can be applied outside of Sportball classes.

#### 16 MONTHS-3 YEARS

81038 SAT 3/28-5/16\* 9-9:45am CC \$79

Instructor: Sportball Staff \*No Class 4/4



## TUMBLING/MOVEMENT



### \*\*BABIES IN MOTION-PARENT/TOT\*\*

Little ones will explore by climbing up, down, under and over on child friendly equipment. Class gives your child the opportunity to express themselves through creative play to gain balance, coordination and social interaction. Music and props are incorporated to give your little one a jumping good time!

#### 1-2 YEARS

81175 M 3/16-4/20 9-9:45am CC \$31

81039 W 3/18-4/15 9-9:45am SERL \$26

Instructor: Diana Hakes



**Credit/Refund Requests must be made by  
Monday, March 9th, 2015**

*Call (480) 503-6200 for further information.*

### \*\*FUN & FITNESS-PARENT/TOT\*\*

Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

#### 1-2 YEARS

81176 M 3/16-4/20 10-10:45am CC \$31

Instructor: Diana Hakes

#### 1 ½-3 YEARS

81112 M 3/16-5/11 9-9:45am MPAC \$45

Instructor: Glynne Browning

#### 2-3 YEARS

81040 W 3/18-4/15 10-10:45am SERL \$26

Instructor: Diana Hakes

### \*\*MUSIC & MOVEMENT-PARENT/TOT\*\*

Come and celebrate the joy of music with your little one! You'll interact together playing rhythm instruments, singing classic preschool songs, sharing rhymes and using simple props in a soft play environment. Creativity and imagination will be encouraged along with socialization to help your child develop new friendships.

#### 1-2 YEARS

81177 M 3/16-4/20 11-11:45am CC \$31

Instructor: Diana Hakes

## Wiggle Worm Adventures

A clean, safe, indoor play area for you  
and your child to have some fun.

Designed for children 5 years and younger.



See our ad on pg. 19 for  
more information!





Our classes are designed to encourage participation through instructor led activities. Your child will experience skills in sharing, listening and following directions. This is a time for peer socialization, purposeful play and teamwork to improve their cognitive, emotional and physical wellbeing. From first time participants to ongoing participants, we want this to be a fun, exciting experience for your little one. We don't force them to interact, yet we encourage them to work at their own pace. We hope to build their communication skills that will allow them to interact with their peers and instructor. This is a great opportunity for our Parks & Recreation staff to spend quality time with your child and enhance their learning that will carry them through life!



## ACADEMICS

### ADVANCED KINDERGARTEN READINESS

Give your kids a head start by enrolling them in Kindergarten Readiness. This is an advance class which will help develop core skills needed for academic success. Coursework includes recognizing and writing letters and numbers, introduction to basic site words, colors and shapes. Each class includes reading and discussion groups to help develop each child's love for reading and key listening and comprehension skills. Children will learn basic academic skills to succeed in Kindergarten.

#### 4-5 YEARS

80981 T/TH 3/17-4/30\* 9am-12pm SERL \$197  
Instructor: Amber Shahid \*No class 4/16

### ALPHABET SOUP

Discover the alphabet in a fun and creative way. Letter recognition, letter tracing, and crafts that relate with the letter of the day as well as story time and group play to keep your child engaged in the learning process. Children will also learn to follow directions and develop social skills.

#### 3-5 YEARS

81246 T/TH 3/17-5/13 9-10:30am FRC \$140  
Instructor: Stephanie Gronbeck

#### 3 ½-5 YEARS

80982 W 3/18-5/13 10-11am SERL \$53  
Instructor: Anna Nolan



Look for this symbol to see our exciting new offerings this Spring Session!

### AMAZING STORIES

Introduce your child to the wonderful world of literature. Each week we will jump into the world of make believe by reading a story and creating story inspired crafts. In addition to our creative journeys this class will also incorporate traditional early childhood themes such as letters, numbers, shapes and colors.

#### 3-5 YEARS

81247 M 3/16-5/11 11:45am-12:30pm FRC \$53  
Instructor: Stephanie Gronbeck

### ANIMAL CRACKERZ

Check out this amazing program that incorporates reading, writing, math, science, and physical fitness along with social development in a fun hands-on fashion! Along with letter recognition and writing skills, your child will have fun following a recipe while learning mathematical measurements, how to make slime & volcanoes erupt and the importance of taking care of our bodies with physical activity! We'll develop the whole child in a fun and exciting way!

**Participants must be minimum age by the first day of class.**

#### 4-6 YEARS

81113 M/W 3/16-5/13 9am-12pm MPAC \$277  
81114 T/TH 3/17-5/14 9am-12pm MPAC \$277

Instructor: Cheryl Phillips

### A TO Z...FUN FOR ME

Let me encourage the joy of learning the alphabet! In our class, we will learn, we will play, and we will laugh a lot! We will learn to get along with others and share and follow directions through creative activities and positive attitudes. Come learn and play together, we will enjoy the fun of laughter...every day! **Participants must be minimum age of class by the first day of class.**

#### 3 YEARS

80973 T/TH 3/17-5/14\* 9-11:30am CC \$190  
Instructor: Diana Bowers \*No class 5/7

### BIZZY BEEZ & 1,2,3's

Buzz on in for this adventure-filled class! We'll surely *bee* super *bizzy* learning colors, shapes, alphabet letters & sounds, sorting, matching and counting; in Spanish too! Arts and crafts, silly songs, marching band, storytime and dancing are some added extras! Let me help your child prepare for their new adventure into kindergarten. Snacks are provided. **Participants must be minimum age by the first day of class.**

#### 3-5 YEARS

81115 T/TH 3/17-5/14 10am-12pm MPAC \$193  
Instructor: Cathy Gomez

Don't let a good class pass you by!



Classes will be cancelled if a minimum enrollment is not met.  
EARLY REGISTRATION IS ENCOURAGED.



# EARLY CHILDHOOD CLASSES

(2-6 years)

## BUILDING BLOCKS FOR TOTS

Through crafts, stories, songs and fun activities participants in this class will learn and enhance basic skills that will be utilized in preschool. Skills such as cutting and pasting, counting, and letter, color and shape recognition will be practiced to help your child get a head start on building a strong foundation that will be used for future learning.

### 3-5 YEARS

80974 TH 3/19-5/14 9-11am CC \$96  
Instructor: Stacy Wisniewski

## COME ALIVE STORY TIME WITH MS. DIANA

Let me encourage the joy of reading and the fun of laughter in your child through this class! Music and stories are an important part of shaping a child's life. Through interactive stories and music, we build positive attitudes, character, self-esteem, and values.

### 2 YEARS

81206 W 3/18-5/13 9-9:30am CC \$35

### 2-3 YEARS

81207 W 3/18-5/13 10-10:45am CC \$45

### 3-5 YEARS

81208 W 3/18-5/13 11-11:45am CC \$45

Instructor: Diana Bowers

## EXPLORING WITH SCIENCE & NATURE

Your little explorer will learn many exciting things about animals and nature through hands-on experiences with different types of animals from creepy crawlies to beautiful butterflies. Kids will have fun while tapping into their natural curiosity of investigating with simple hands-on experiments encouraging group participation and discussion.

**Participants must be minimum age by the first day of class.**

### 3-6 YEARS

81116 TH 3/19-5/14 10:30am-12pm MPAC \$75

Instructor: Carolyn Love

## FUNDAY FRIDAY

Come join us for a fun-filled adventure land loaded with a variety of activities your child is sure to enjoy! Make amazing crafts, sing silly songs, play outdoors, take a nature walk, watch funny movies, make yummy buttered popcorn, read fairytales, make delicious ice cream, paint colorful collages, dig for dinos, and go on a bear hunt...just to name a few! This is a place where a kid can be a kid! **Participants must be minimum age by the first day of class.**

### 3-5 YEARS

81117 F 3/20-5/15\* 10am-12pm MPAC \$87

Instructor: Cathy Gomez \*No class 4/3



## KALEIDOSCOPE KIDS

Challenge your student to experience an array of preschool activities. Join us on an adventure of colors, shapes, letters and numbers to build basic skills in preparation for kindergarten. Activities include learning centers, arts and crafts, music and physical activity. Special theme days will be included to enhance learning. **Participants must be minimum age of class by the first day of class.**

### 4-6 YEARS

81118 M/W 3/16-5/13 9am-12pm MPAC \$274

Instructor: Stephanie Bono

## KINDER COLLEGE

Learning and Lunch with friends? What could be more fun? Designed to give your student a head start on Kindergarten preparedness this class is focused on letters and phonics, numbers and mathematical expressions. Each week we will focus on a new theme applying the key concepts of numbers and letters in combination with arts, crafts and science. After working up our appetites we will settle down with our lunches for a true "big kid" experience. **Please send a sack lunch with your child, food allergies will be discussed on the first day of class, please NO peanut products.**

### 4-6 YEARS

81248 M/T/W 3/23-5/13 10:45am-1:15pm FRC \$298

Instructor: Debra Shaw

## LITTLE LEARNERS

This class offers a variety of activities that your child will enjoy: letters, numbers, colors, shapes, arts, crafts, games, songs, stories and more. This program gives children the opportunity to grow and develop, both socially and educationally.

### 3-4 YEARS

81249 M/T/W 3/23-5/13 9-10:30am FRC \$183

Instructor: Debra Shaw

## LITTLE SCHOLARS

Is your little Einstein ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience. We will work on name recognition, prewriting skills, counting, ABC's, weather, the seasons, and so much more. Arts and crafts, music, and stories will enrich our experience in a fun and social atmosphere.

### 3-5 YEARS

81250 T/W/TH 3/17-5/14 10:45am-12:15pm FRC \$204

Instructor: Stephanie Gronbeck

## LITTLE SCIENTIST

Children will have fun learning about a variety of different topics such as Ocean Life, Reptiles, Weather, Our Skeletal System and many more. Children will learn about these through simple experiments, books, songs and hands on activities.

### 3-5 YEARS

81251 TH 3/26-5/14 9-10am FRC \$48

Instructor: Debra Shaw

## LUNCH BUNCH LEARNERS

Now here is an opportunity for your child to learn while you get a little free time. This kindergarten prep class will jump start your child's learning. We will work on name recognition, prewriting skills, counting, ABC's, numbers and basic concepts. There will be daily art projects, music, stories and so much more. Plus, your child will bring his/her own lunch for a fun social experience. This class continues throughout the school year with new activities being added each session. **Please note: Food allergies will be discussed on the first day.**

**As a precaution, please NO peanut products.**

## 3 ½-5 YEARS

80975 M/W 3/16-5/13 9am-12pm CC \$270  
Instructor: Susan Miller

## MAD MATH I

COUNT on us to help you hone in on your math skills! We will concentrate on learning numbers and simple addition. Flashcards, worksheets and manipulatives will be used to teach children math in an engaging, fun fashion. In ADDITION to learning math, SUM of you will have an exceptionally good time! **Participants must be the minimum age by first day of class.**

## 4-6 YEARS

81120 T 3/17-5/12\* 10:30-11:45am MPAC \$58  
Instructor: Carolyn Love



## MAD MATH II

Come TAKE AWAY a fun, new way to learn math! We will concentrate on learning numbers and simple subtraction. Flashcards, worksheets and manipulatives will be used to teach children math in an engaging, fun fashion. The DIFFERENCE of this math class is that you'll see RESULTS in a few, short weeks! Class is best suited for those who previously taken Mad Math I. **Participants must be the minimum age by first day of class.**

## 4-6 YEARS

81121 T 3/20-5/15\* 9-10:15am MPAC \$52  
Instructor: Carolyn Love \*No class 4/3

## MAGICAL MORNINGS SMART START

Learning with music is fun. In this class we count in English and in Spanish; learn some basic Spanish words; review colors and shapes, explore ABC's and numbers, and begin to take a look at letter sounds. There will be daily art projects, songs, stories, physical fitness, and plenty of time to make new friends. This class continues through the calendar year with new activities and skills being added each session. **Participant must be minimum age by the first day of class.**

## 3-4 YEARS

80976 T/TH 3/17-5/14 9-11am CC \$182  
Instructor: Susan Miller

**"Thanks to you my child had such a great introduction to Kindergarten. He learned so much from you!"**



Tell A  
Friend!!

## MAGICAL MORNINGS TODDLERSCHOOL

This is a "first experience" class without parents. This is a chance for your child to be "on his own", and develop his/her own unique personality. We will take a look at colors and shapes. There will be counting, stories, music and crafts. Children will learn to socialize, and play with other in a structured learning environment. This class continues throughout the school year with new activities being added each session. **Participant must be minimum age by the first day of class.**

## 2 ½-3 ½ YEARS

80977 T/TH 3/17-5/14 11:25am-12:15pm CC \$96  
Instructor: Susan Miller

## MY FIRST BIG KID CLASS

Is your child ready to be in a classroom all by him or herself? Do they want to explore everything and imitate all the things you do or say? It's time for a big kid class! In this class your toddler will learn to share, use their manners, play with others and more all while learning shapes, colors, numbers, and letters! **Please note this is NOT a parent tot class. Only Registered participants are allowed in the classroom. Participants must be minimum age by the first day of class.**

## 2-3 YEARS

80978 T 3/17-5/12 9-9:45am CC \$53  
Instructor: Stacy Wisniewski



## MY TURN TO LEARN

This class will prepare your child for kindergarten by reinforcing letters, numbers, shapes and colors. We will count and add, along with enjoy music, arts & crafts, science and structured playtime. Each class will end with story time and a snack. **Participants must be minimum age by the first day of class.**

## 3 ½-5 YEARS

81119 M/W/F 3/16-5/15\* 10:30am-12pm MPAC \$212  
Instructor: Carolyn Love \*No class 4/3

## PHONICS AT THE ZOO PRE-K PREP

Join Miss Kathi, former Kindergarten Teacher, to learn letters and sounds using the popular 'Zoo-Phonics' curriculum. Prepare for reading and handwriting using 'Handwriting without Tears' and 'Starfall' programs. Learning centers will allow children a hands-on experience with science, math, sign language and Spanish. Learning assessments will be incorporated to monitor your child's progress. **Participants must be minimum age by the first day of class.**

## 3-5 YEARS

81122 M/W/F 3/16-5/15\* 9am-12pm MPAC \$382  
81123 TH 3/19-5/14 9am-12pm MPAC \$138  
Instructor: Kathi Hofferth \*No class 4/3



Stay up-to-date by following us on  
Twitter@GilbertParksRec  
Facebook/GilbertParksRec.



# EARLY CHILDHOOD CLASSES

(2-6 years)

## PLAYHOUSE ADVENTURES

This class offers a variety of activities, such as letters, shapes, number, colors, art work, story time and songs. We will discuss a different theme each week that is sure to keep even the most curious child fascinated and give them the opportunity to grow and develop socially as well as academically. **Participant must be minimum age by the first day of class.**

### 2 ½-3 ½ YEARS

80992 W 3/18-5/13 9-9:45am SERL \$53  
Instructor: Anna Nolan

### 3-5 YEARS

81252 M 3/16-5/11 10-11:30 FRC \$75  
Instructor: Stephanie Gronbeck  
80990 F 3/20-5/15\* 11-11:45am SERL \$44  
Instructor: Jennifer Domini **\*No class 4/3 & 4/24**



## ROOM TO BLOOM

Watch your child bloom in this fun academic class while they learn the alphabet, numbers, colors and shapes. Crafts and play stations will enhance your child's creativity and social skills. **\*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\***

### \*2-3 YEARS\*

81124 M/W 3/16-5/13 9-10am MPAC \$106  
Instructor: Carolyn Love

## TINY TOTS

Your little one will make new friends and have lots of fun while getting an introduction to preschool. We'll practice fine motor skills, following directions and social skills. Beginning concepts such as letters, numbers, and colors will also be incorporated through crafts, songs, stories and games. **Please note this is NOT a parent tot class. Only Registered participants are allowed in the room. Participants must be minimum age by the first day of class.**

### 2-3 YEARS

80983 M 3/16-5/11 10-10:45am SERL \$53  
80984 M 3/16-5/11 11-11:45am SERL \$53  
Instructor: TBA  
80986 F 3/20-5/15\* 9-9:45am SERL \$44  
80985 F 3/20-5/15\* 10-10:45am SERL \$44  
Instructor: Jennifer Domini **\*No class 4/3 & 4/24**

## ARTS & CRAFTS

### MY FIRST ART CLASS

We will explore textures, mixtures, stamping and squeezing, printing and painting and so much more! Children are introduced to color, shape, texture, and art techniques, style and material with new lessons each session.

### 2-4 YEARS

80979 W 3/18-5/13 11-11:45am CC \$53  
Instructor: Stacy Wisniewski

### SQUISHY, MESSY, STICKY ART

Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!

### 3-5 YEARS

81309 W 3/18-5/13 10-10:45am CC \$53  
Instructor: Stacy Wisniewski  
81255 F 3/20-5/15\* 10-10:45am FRC \$48  
Instructor: Stephanie Gronbeck **\*No class 4/3**

### SILLY SCIENCE & DISCOVERY

This hands-on class is sure to peak your child's inner scientist! We'll create experiments that pop, fizz and explode that are sure to jump start your child's excitement and create a sense of wonder and discovery! Your child will have a blast in this class!

### 3-5 YEARS

81168 M 3/23-5/11 9-9:45am CC \$48  
Instructor: Xiomara Cantore

### 3-6 YEARS

81385 T 3/17-5/12 12:45-1:30pm MPAC \$53  
Instructor: Stephanie Bono  
81256 F 3/20-5/15\* 11-11:45am FRC \$48  
Instructor: Stephanie Gronbeck **\*No class 4/3**



### SPRING INTO ART

Children will blossom with pride when bringing home their creations. Participants will be experimenting with different textures, products and art techniques while getting the opportunity to create some magnificent works of art.

### 2 ½-4 YEARS

80980 F 3/20-4/10\* 9-15-10am CC \$25  
Instructor: Susan Garner **\*No class 4/3**

### 3-6 YEARS

81386 T 3/17-5/12 1:45-2:30pm MPAC \$53  
Instructor: Stephanie Bono



Look for this symbol to see our exciting new offerings this Spring Session!



## COOKING

## COOKING 101 FOR KIDS

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given each class to recreate at home. *Bring a storage container to transport food from class. Not recommended for children with food allergies.*

## 3-5 YEARS

81125 F 3/20-5/15\* 11:45am-12:30pm MPAC \$50

Instructor: Stephanie Bono \*No class 4/3

## CRAZY CHEFS

MUNCH, CRUNCH, and CHEW, this is absolutely the right class for YOU! We will bake, mix and blend a variety of delicious snacks that you're sure to enjoy! Simple ingredients will allow you to prepare your own snacks that will absolutely amaze your family and friends! Receive a complimentary cookbook with all our recipes. *Not recommended for children with food allergies. \*This is NOT a parent/tot class. Participant must be minimum age by the first day of class.*

## \*2 ½-4 YEARS\*

81127 W 3/18-5/13 11-11:50am MPAC \$53

## 3 ½-6 YEARS

81128 W 3/18-5/13 10-10:50am MPAC \$53

Instructor: Cathy Gomez



## DANCE &amp; CHEER

## ALL BOYZ HIP HOP

This one's for the BOYZ who just want to DANCE! This class is designed to give basic instruction on hip-hop dancing. Dance steps will be taught at a comfortable pace to age appropriate music. Your child will have the opportunity to learn new dance steps to show off at home, but also in a dance routine that will be performed at the end of the session. *Taught by a member of the 'Phoenix Suns Solar Hip Hop Squad' and the 'Phoenix Mercury Hip Hop Squad'.*

## 3-5 YEARS

81090 F 3/20-5/15\* 9-9:45am CC \$40

Instructor: Andrew Palma \*No Class 4/3

## 4-6 YEARS

81129 TH 3/26-5/14 4-4:45pm MPAC \$40

Instructor: Andrew Palma

## BABY BALLERINAS

This ballet class is designed especially for the very young dancer. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

## 2-3 YEARS

81092 W 3/18-5/13 9-9:30am CC \$35

81091 TH 3/19-5/14 11-11:30am CC \$35

Instructor: Jennifer Gallamore

## BABY BALLERINAS II

This class is for students that have completed at least one class of Baby Ballerinas and are ready to progress their technique. This ballet class is designed especially for the very young dancers. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

## 2-3 ½ YEARS

81093 T 3/17-5/12 11-11:30am CC \$35

Instructor: Jennifer Gallamore



## BALLET BUTTERFLY GARDEN

Learn ballet technique in our enchanting butterfly garden. Our imaginations will blossom as we dance with Plie the Poppy, Tendu the Tulip, Rainbows, Buzzing Bees, Coupe' the Cricket, & Ballet Butterflies.

## 3 ½-5 YEARS

81094 T 3/17-5/12 12:45-1:30pm CC \$45

Instructor: Jennifer Gallamore

## BALLET/ TAP

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will focus on ballet and tap. We will learn everything from plie' and tendues, to flaps and shuffles, to chases and leaps! We will focus on technique through fun and exciting dance moves at the barre, in the center and across the floor. *Proper dance attire and ballet and tap shoes are strongly recommended.*

## 3-5 YEARS

81257 W 3/18-5/13 9-9:45am FRC \$45

Instructor: Jennifer Domini

## 3-6 YEARS

81095 T 3/17-5/12 3:30-4:15pm CC \$45

Instructor: Jennifer Myers

## 4-6 YEARS

81258 TH 3/19-5/14 9-9:45am FRC \$45

Instructor: Jennifer Domini





# EARLY CHILDHOOD CLASSES

(2-6 years)

## BARRE BASICS

Learn the basics of ballet while developing self-confidence and having fun! We will focus on ballet vocabulary and proper techniques of dancing by learning center floor, across the floor and barre movements. By the end of the session, your dancer will be ready to show off all of their moves in our classroom recital dance! *Ballet shoes are recommended but not required.*

### 3-5 YEARS

81131 TH 3/19-5/14 3-3:45pm MPAC \$45  
Instructor: Lauren Cantrell

## BEAUTIFUL BALLERINAS

Beautiful Ballerinas is the place to be! You will learn basic ballet moves and routines using fanciful music. This class will encourage listening skills, following directions, positive self-image and cooperating with others. *Ballet shoes and dancewear is recommended. Participants must be minimum age by the first day of class.*

### 3-5 YEARS

81102 M 3/16-5/11 10-10:45am CC \$45  
Instructor: Jennifer Domini  
81111 F 3/20-5/15\* 9-9:45am CC \$40  
Instructor: Jennifer Myer **\*No Class 4/3**

## BE A BALLERINA

Your little one will learn beginning ballet technique and have fun dressing up as a ballerina. Small props and costume pieces will be used to enhance our ballet routines. *Ballet shoes are recommended.*

### 3-4 YEARS

81259 TH 3/19-5/14 10-10:45am FRC \$45  
Instructor: Jennifer Domini

### 3-5 YEARS

80987 W 3/18-5/13 5:15-6pm SERL \$40  
Instructor: TBA

### 4-6 YEARS

81260 T 3/17-5/12 10-10:45am FRC \$45  
Instructor: Jennifer Domini

## BOYS DANCE & TUMBLE

This class is for all you boys who like to move. You will learn hip-hop dance moves and tumbling at the most basic level. Fun props will be used to enhance the learning experience. This class is designed to develop motor skills, coordination and self-esteem. *Taught by a member of the 'Phoenix Suns Solar Hip Hop Squad' and the 'Phoenix Mercury Hip Hop Squad'.*

### 3-5 YEARS

81096 F 3/20-5/15\* 10-10:45am CC \$40  
81132 T 3/17-5/12\* 4-4:45pm MPAC \$40  
Instructor: Andrew Palma **\*No class 4/3 & 4/14**

## CHEER, CHANTS & TUMBLE

The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session. "Give me a C-H-E-E-R, C-H-A-N-T-S & T-U-M-B-L-E, what's that spell?"...FUN!

### 3-5 YEARS

81134 M 3/16-5/11 12-12:45pm MPAC \$45  
Instructor: Branigan Seay

## CHEER, DANCE & TUMBLE

A combination class which fuses the dynamics of dancing, gymnastics, and cheer all in one. Your child will have the opportunity to learn some amazing routines and skills. This class teaches social interaction, coordination, and flexibility.

### 3-5 YEARS

81097 TH 3/19-5/14 12:45-1:30pm CC \$45  
Instructor: Jennifer Gallamore

## DANCING QUEENS

This will have your child learning a variety of dance styles. Your child will be a true dancing queen learning tap, and jazz. *Tap and jazz shoes are recommended.*

### 3-5 YEARS

81261 T 3/17-5/12 9-9:45am FRC \$45  
Instructor: Jennifer Domini

## FAIRYTALE BALLET

The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and music into each class. *Ballet shoes recommended. Costumes and props will be provided.*

### 3-5 YEARS

81100 M 3/16-5/11 4-4:45pm CC \$45  
Instructor: Lauren Cantrell  
81135 M 3/16-5/11 9-9:45am MPAC \$45  
Instructor: Branigan Seay  
81136 W 3/18-5/13 5-5:45pm MPAC \$45  
Instructor: Sharon Moreno  
81101 SAT 3/21-5/16\* 10-10:45am CC \$40  
Instructor: Lauren Cantrell **\*No Class 4/4**

## JAZZY POM DANCE

This class is a mixture with Jazz technique and Pom dance style. Jazzy Pom Dance is great exercise and helps eye-hand coordination and increases flexibility. Students learn basic jazz/hip-hop technique and exciting arm/hand movement to today's kid-friendly pop music. *Ballet shoes and dancewear is recommended.*

### 3-5 YEARS

81160 F 3/20-5/16 10-10:45am CC \$40  
Instructor: Jennifer Myers **\*No class 4/3**

**Credit/Refund Requests must be made by**  
**Monday, March 9, 2015**  
**Call (480) 503-6200 for further information.**



Stay up-to-date by following us on  
Twitter@GilbertParksRec  
Facebook/GilbertParksRec.

## PRESCHOOL BALLET

A beautiful beginning to ballet ... magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology.

## 3-5 YEARS

81161	T	3/17-5/12	11:45am-12:30pm	CC	\$45
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Instructor: Jennifer Gallamore

## RHYTHM &amp; ROLL

This is an action packed class that includes tap, jazz, and tumbling. Participants will have a variety of moves to go home and show off. This is a great class to learn fine motor skills, coordination and poise.

**Participants must be minimum age by the first day of class**

## 3-5 YEARS

81262	W	3/18-5/13	10-10:45am	FRC	\$45
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Instructor: Jennifer Domini

## 5-6 YEARS

81263	SAT	3/21-5/16*	9-9:45am	FRC	\$40
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Instructor: Jennifer Myers **\*No class 4/4**

## TAP, BALLET &amp; TUMBLE

Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. Please note this is NOT a parent tot class, only registered participants will be allowed in the room. *Tap and ballet shoes are recommended but not required.* **Participants must be minimum age by the first day of class.**

## 2 ½-3 YEARS

81264	T	3/17-5/12	11-11:40am	FRC	\$45
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Instructor: Jennifer Domini

## 3-5 YEARS

81210	W	3/18-5/13	12:30-1:15pm	CC	\$45
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Instructor: Jennifer Gallamore

80988	W	3/18-5/13	4:15-5pm	SERL	\$40
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Instructor: Jennifer Domini

81211	F	3/20-5/15*	11-11:45am	CC	\$40
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Instructor: Jennifer Myers **\* No class 4/3**

81137	F	3/20-5/15*	3-3:45pm	MPAC	\$40
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Instructor: Jennifer Myers **\*No class 4/3**

81265	W	3/18-5/13	11-11:45am	FRC	\$45
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81266	TH	3/19-5/14	11-11:45am	FRC	\$45
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Instructor: Jennifer Domini

## TONDUES, TAP &amp; TUMBLING

Your little dancer will learn basic steps of tap, ballet and tumbling to develop motor skills, coordination and self-esteem. Skills are practiced through a variety of songs and dance with a focus on repetition, to foster the love of movement! *Tap and ballet shoes are recommended but not required.*

## 3-5 YEARS

81139	TH	3/19-5/14	5-5:45pm	MPAC	\$45
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Instructor: Lauren Cantrell

## TOTS &amp; TUTUS

This class is full of imagination and fun! Your tot will be introduced to the fundamentals of tap, ballet and jazz. Kids will love to dress up each week and dance their hearts out! Props and magical music will be incorporated into this class. *Tap and ballet shoes are recommended but not required.*

## 3-5 YEARS

81140	M	3/16-5/11	10-10:45am	MPAC	\$45
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Instructor: Branigan Seay

81141	F	3/20-5/15*	4-4:45pm	MPAC	\$40
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Instructor: Jennifer Myers **\*No class 4/3**

## TUTUS &amp; TUMBLING

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will spend time learning ballet, tap and tumbling techniques. With ballet we will focus on poise, stretching and understanding that ballet can help with all sorts of dance styles. In tap we will learn everything from shuffles to coffee grinders. Then we will cut lose with fun tumbling tricks and they sky's the limit. We want to have fun and play safe all while keeping busy and moving.

## 3-4 YEARS

81267	SAT	3/21-5/16*	10-10:45am	FRC	\$40
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## 4-6 YEARS

81268	W	3/18-5/13	4-4:45pm	FRC	\$45
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Instructor: Jennifer Myers **\*No class 4/4**

## TWINKLE TOES

Class is full of imagination and fun, while introducing the fundamentals of dance techniques in ballet, tap and tumbling. At this age, dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem! *Soft soled dance shoes and tap shoes are recommended but not required.*

## 3-5 YEARS

81142	SAT	3/21-5/16*	10:30-11:15am	MPAC	\$40
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Instructor: Sharon Moreno **\*No class 4/4**

**Don't let a good class pass you by!**



**Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.**

**"I really appreciate your kind and patient nature as it took my daughter some time to warm up."**



# EARLY CHILDHOOD CLASSES

(2-6 years)

## ▶ GYMNASTICS

### BEGINNING GYMNASTICS

Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. In this class students will learn basic floor exercise, beam, bar, and pre-vault skills.

#### 3 ½ -5 YEARS

81164	W	3/18-5/13	9:45-10:30am	CC	\$45
81165	TH	3/19-5/14	11:45am-12:30pm	CC	\$45

Instructor: Jennifer Gallamore

### BEGINNING GYMNASTICS II

This class is designed for students who have mastered the skills of Beginning Gymnastics I and are ready to learn backward rolls, cartwheels, and how to build a bridge. We'll be learning balance beam dismounts, new skills on the bar and trampoline, and fun group activities. NOTE: Students must have completed Beginning Gymnastics to enroll in this class.

#### 3-5 YEARS

81166	W	3/18-5/13	11:30am-12:15pm	CC	\$45
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Instructor: Jennifer Gallamore

### HEAD OVER HEELS GYMNASTICS

This class is geared towards the young gymnast that would like to learn basic floor gymnastics such as forward & straddle rolls and how to walk on a balance beam. They will also practice skills to accomplish headstands, beginner cartwheels and arching. Kids will work on gross motor skills such as balance, coordination and flexibility. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

#### 3-5 YEARS

81143	M	3/16-5/11	5-5:45pm	MPAC	\$45
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Instructor: Sharon Moreno

81144	T	3/17-5/12	9-9:45am	MPAC	\$45
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Instructor: Glynne Browning

81145	W	3/18-5/13	3-3:45pm	MPAC	\$45
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Instructor: TBA

81146	SAT	3/21-5/16*	9:30-10:15am	MPAC	\$40
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Instructor: Branigan Seay \*No class 4/4

## ▶ MARTIAL ARTS

### LITTLE NINJAS

See **TUMBLING & MOVEMENT** section under **EARLY CHILDHOOD** for class description and info.



**PLEASE NOTE:** While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options.

## ▶ SPECIAL INTEREST

### GUITAR FOR LITTLE HANDS

This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, simplified chords, and how to play simple songs step by step. *No prior experience required.*

**Students are required to provide their own guitar for class sessions.**

#### 4-7 YEARS

80993	W	3/25-4/29	5-5:45pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff

### SINGING FOR LITTLE STARS

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. They will be given the opportunity to sing in an ensemble setting as well as a soloist. *No prior experience required.*

#### 4-7 YEARS

80994	T	3/24-4/28	5-5:45pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff

### TINY TUNES

This class is perfect for any child who loves to sing. Join us as we learn songs and movements for the season! Children will be introduced to some basic musical terminology, play games that teach about rhythm and pitch, and learn how to follow a conductor. Parents will enjoy watching our two performances over the course of the session. Introducing music education at a young age benefits language development, fine-motor skills and the ability to follow instructions. Come join the fun and make some noise with us!

#### 3-5 YEARS

80995	W	3/18-5/13	11:30am-12:15pm	SERL	\$53
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Instructor: Anna Nolan



**“Great intro classes for kids that want to try everything out at least once.”**



## SPORTS

## AWESOME ATHLETES

Dribble, dunk and dash your way into this AWESOME sports class! Designed to give your little athlete a sampling of soccer, basketball, flag football, track and field, t-ball and a whole lot more! This is a great opportunity for your kiddo to join the team, have fun and practice good sportsmanship, following directions and teamwork. Grab your glove and register today to knock it out at the Rec! *Participants must wear tennis shoes. \*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\**

**\*2 ½-3 ½ YEARS\***

81147	T	3/17-5/12	9-9:45am	MPAC	\$45
Instructor: JJ Barksdale					

**3-5 YEARS**

81269	W	3/25-5/13	9-9:45am	FRC	\$40
Instructor: Julie Kinal					

**4-6 YEARS**

81270	M	3/16-5/11	10-10:45am	FRC	\$45
Instructor: JJ Barksdale					

## BEGINNERS EDGE MULTI-SPORT

For this Multi-Sport Program we will explore soccer and baseball. Three weeks of each sport (in an six week Session, will offer you the flexibility to see which sport your child likes best OR have fun playing more of the sports your child loves. *For soccer you will need a Size #3 or #4 soccer ball and for baseball you will need a baseball batting tee, we provide all the other equipment. This class will meet in the grassy area in front of Freestone Recreation Center.*

**3-6 YEARS**

80996	SAT	3/21-5/2*	4-4:45pm	FRC	\$77
Instructor: Beginners Edge Sports Training Staff <b>*No class 4/4</b>					

## BEGINNERS EDGE SOCCER TRAINING

Beginners Edge Soccer Training skill building, non-league weekly soccer program will engage your kids in the world of soccer by presenting activities that are fun WHILE learning. This is the B.E.S.T. way to introduce your little player to their first experience with the world of soccer. They will be exposed to the following skills: Dribbling, Kicking, Throw-Ins, Headers, Goalie Skills, Scrimmaging and more. *Please bring soccer ball and water bottle. This class will meet in the grassy area in front of Freestone Recreation Center.*

**4-6 YEARS**

80997	SAT	3/21-5/2*	10-10:45am	FRC	\$77
Instructor: Beginners Edge Sports Training Staff <b>*No class 4/4</b>					



## GOLF FOR PRESCHOOLERS

Join the expert coaches of the award winning Outback Golf Academy. Each curriculum is designed by PGA Teacher of the Year Craig Hocknull and is perfect for the beginner and intermediate golfer. This fun and educational class will touch on all of the key components of the game of golf! *Please wear tennis shoes and bring a water bottle. This class will meet in the basin west of the baseball fields at Crossroads Park (CPARK).*

**3-6 YEARS**

81217	W	3/25-5/13	4-4:45pm	CPARK	\$80
Instructor: Outback Golf Academy Staff					

## KIDDIE KICKERS

Kick start your child's sport career in this introductory soccer class designed to enhance your child's physical and cognitive abilities. Basic ball handling skills such as kicking, passing and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged. *Participants must wear sneakers.*

**3-5 YEARS**

81271	M	3/16-5/11	11-11:45am	FRC	\$45
Instructor: JJ Barksdale					
81272	T	3/17-5/12	4-4:45pm	FRC	\$45
Instructor: Sharon Moreno					

**5-7 YEARS**

81273	T	3/17-5/12	5-5:45pm	FRC	\$45
Instructor: Sharon Moreno					

## LIL' SLUGGERS BASEBALL

Introduce fielding, throwing, hitting, base recognition and overall motor skill development. *Please bring a baseball tee, all other equipment is provided. This class will meet in the grassy area in front of Freestone Recreation Center.*

**3-6 YEARS**

81215	SAT	3/21-5/2*	12-12:45pm	FRC	\$77
Instructor: Beginners Edge Sports Training <b>*No class 4/4</b>					

## LITTLE HOOPSTERS

This program is intended to teach the participant the fundamentals of basketball while providing a positive recreational experience for boys and girls. Participants will learn shooting, passing, dribbling, and drills. Other games may be incorporated as well to help enhance motor skills.

**3-5 YEARS**

81274	M	3/16-5/11	9-9:45am	FRC	\$45
Instructor: JJ Barksdale					

## MEGA SUPER SPORTS MANIA

Your super star will learn the basic skills of a variety of sports and games that will help build strong bones and healthy bodies. We'll focus on motor skills, balance, coordination, flexibility and social development as we interact and have fun. Concentration will be on soccer, basketball, t-ball, hockey, kickball and tennis. *Participants must wear tennis shoes.*

**3-6 YEARS**

81149	T	3/17-5/12	10-10:45am	MPAC	\$45
Instructor: JJ Barksdale					
81150	TH	3/26-5/14	11:15am-12pm	MPAC	\$40
Instructor: Julie Kinal					

**4-6 YEARS**

81275	W	3/25-5/13	10-10:45am	FRC	\$45
Instructor: Julie Kinal					

**Credit/Refund Requests must be made by  
Monday, March 9th, 2015**

**Call (480) 503-6200 for further information.**



# EARLY CHILDHOOD CLASSES

(2-6 years)

## MY FAVORITE SPORTS

This class will have all of your little ones favorite sports combined into one action packed session. Kids will have social interaction and learn fine motor skills with sports like soccer, basketball, t-ball, hockey and football. A class for any sports enthusiast. Good sportsmanship, teamwork and appropriate classroom behavior will be emphasized. Other active games may be introduced to help enhance your child's experience and fine motor skills. *Participants must wear sneakers.*

### 3-5 YEARS

81276 W 3/25-5/13 11-11:45am FRC \$40  
Instructor: Julie Kinal

## PEE WEE P.E.

Your little sportster will enjoy this high energy class that will keep 'em moving by playing a variety of sports and games; soccer, tennis, hockey, t-ball, obstacle course, relay races and much, much more! Emphasis on skill development, teamwork, good sportsmanship and physical activity to help build strong bones and encourage socialization. This is a non-competitive, playful atmosphere. *Participants must wear tennis shoes.*

### 3-5 YEARS

81151 T 3/17-5/12 11-11:45am MPAC \$45  
Instructor: JJ Barksdale

## SNOWPLOW SAM 1-3

This class introduces your toddler to the wonderful world of ice skating! Classes will focus on skating basics, including marching across the ice, learning how to fall & injury prevention. Classes focus on FUN while learning, and by the end of the series skaters will be ready for our Basic Skills Program. *Ice skates are provided for the class. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.*

### 3-6 YEARS

81216	M	3/16-5/11	4-4:30pm	AI	\$135
81000	T	3/17-4/7	1:45-2:15pm	AI	\$60
81001	T	4/21-5/12	1:45-2:15pm	AI	\$60
81002	SAT	3/21-4/11	10:40-11:10am	AI	\$60
81003	SAT	4/25-5/16	10:40-11:10am	AI	\$60

Instructor: AZ Ice Staff



## SPORTBALL BASKETBALL

Sportball instructors teach competence, confidence and the fundamental skills necessary to excel in Basketball. Classes are dedicated to skills development and putting those skills to work in exciting, non-competitive games. Classes are high-energy, creative and fun! *Equipment provided. Bring water and wear tennis shoes.*

### 3-6 YEARS

81004	M	3/23-5/4	4:15-5:15pm	FRC	\$79
81005	TH	3/26-5/7	5:30-6:30pm	MPARK	\$79
81006	F	3/27-5/15*	5:30-6:30pm	DPARK	\$79
81007	SAT	3/28-5/16*	10-11am	MPARK	\$79
81008	SAT	3/28-5/16*	10:45-11:45am	CC	\$79

Instructor: Sportball Staff \*No Class 4/3 & 4/4

## SPORTBALL MULTI-SPORT

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way.

### 3-6 YEARS

81009	SAT	3/28-5/16*	9:45-10:45am	CC	\$79
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Instructor: Sportball Staff \*No class 4/4

## SPORTBALL SOCCER

Fully trained and certified Sportball instructors teach competence, confidence and the fundamental skills necessary to excel in Soccer. Classes are dedicated to skills development and putting those skills to work in exciting, non-competitive games. Classes are high-energy, creative and fun! *Equipment provided. Bring water and wear tennis shoes.*

### 3-6 YEARS

81010	SAT	3/28-5/16*	12:30-1:30pm	MPAC	\$79
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Instructor: Sportball Staff \*No class 4/4

## SPORTBALL T-BALL

Certified Sportball coaches introduce, practice and refine sport skills with an enthusiastic and animated approach. Sportball's sport specific classes reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence and develop the social skills necessary to succeed in sport and life.

### 3-6 YEARS

81011	SAT	3/28-5/16*	11:30am-12:30pm	MPARK	\$79
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Instructor: Sportball Staff \*No class 4/4

## SPORTBALL TENNIS

Sportball instructors teach competence, confidence and the fundamental skills necessary to excel in Tennis. Classes are dedicated to skills development and putting those skills to work in exciting, non-competitive games. Classes are high-energy, creative and fun! *Bring water and wear tennis shoes. These classes meet on the tennis courts.*

### 3-6 YEARS

81013	TH	3/26-5/7	4:30-5:30pm	FPARK	\$79
81014	F	3/27-5/15*	4:30-5:30pm	MPARK	\$79

Instructor: Sportball Staff \*No class 4/3

**TUMBLING & MOVEMENT****ABC'S & 1-2-3's OF TUMBLING**

Does your little one love to flip, spin, and twirl? Join us as we explore the ABC's and 1-2-3's of tumbling. Each week we will learn a new tumbling move in association with our letters and numbers. A great way to give your kinesthetic learner a head start!

**3-5 YEARS**

81277 F 3/27-5/15\* 9-9:45am FRC \$36  
Instructor: Julie Kinal **\*No class 4/3**

**CHEER, CHANTS & TUMBLE**

See DANCE & CHEER section under EARLY CHILDHOOD for class description and info.

**FUN & FITNESS**

Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance by crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

**3-5 YEARS**

81152 M 3/16-5/11 10-10:45am MPAC \$45  
Instructor: Glynne Browning

**FUN, FITNESS & TUMBLING**

Come and join us for some fun! The class will utilize props and equipment such as a balance beam, a parachute, balls, jump ropes and tunnels. We will also work on basic tumbling skills. Emphasis will be on self-esteem and interacting with others.

**3-5 YEARS**

81279 F 3/27-5/15\* 11-11:45am FRC \$36  
Instructor: Julie Kinal **\*No class 4/3**

**HEAD OVER HEELS GYMNASTICS**

See GYMNASTICS section under EARLY CHILDHOOD for class description and info.

**LITTLE NINJAS**

Great class for your little ninja to learn basic safety training and self-defense. To kick off this class, kids will cover topics such as stranger danger, fire safety plans, bike safety, how and when to call 911 and so much more! The class will end with learning basic self-defense moves such as blocking, punches, kicks and escape holds.

**3-6 YEARS**

81154 M 3/16-5/11 11-11:45am MPAC \$45  
Instructor: Glynne Browning



Look for this symbol to see our exciting  
new offerings this Spring Session!

**TINY TOTS TUMBLING**

Your tot will *flip* for this class! Learn basic tumbling techniques using mats, hoops, balance beams and other fun props and games. Emphasis will be on sharing, taking turns, following directions and cooperation. **\*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\***

**\*2-3 YEARS\***

81155 T 3/17-5/12 10-10:40am MPAC \$45  
Instructor: TBA

81156 TH 3/26-5/14 9:20-10am MPAC \$40

**3-5 YEARS**

81157 TH 3/26-5/14 10:15-11am MPAC \$40

Instructor: Julie Kinal

81280 F 3/27-5/15\* 10-10:45am FRC \$36

Instructor: Julie Kinal **\*No class 4/3**

**TIP TOES & TUMBLING 2's**

Students will learn the very basics of ballet, creative movement, and tumbling in this creative and stimulating class just for 2 year olds. **This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.**

**2 YEARS**

81213 W 3/18-5/13 10:45-11:15am CC \$35  
Instructor: Jennifer Gallamore

**TUMBLING TOTS**

Movement, music and stories are incorporated with basic tumbling movements to encourage self-expression, develop independence and teach tumblers to follow directions & take turns. Creative movement will also build strong bones and encourage socialization in a non-competitive, playful atmosphere.

**This is NOT a Parent/Tot class. Participants must be minimum age by the first day of class.**

**2-3 YEARS**

81015 M 3/16-5/11 9-9:45am SERL \$45

81016 M 3/16-5/11 10-10:45am SERL \$45

Instructor: Michelle Lohman

**TUMBLING TWO'S**

Movement, music and stories are incorporated with basic tumbling movements to encourage self-expression, develop independence and teach tumblers to follow directions & take turns. Creative movement will also build strong bones and encourage socialization in a non-competitive, playful atmosphere.

**\*This is NOT a Parent/Tot class. Participants must be minimum age by the first day of class.\***

**\*2-3 YEARS\***

81383 M 3/16-5/11 9-9:40am CC \$45

Instructor: Jennifer Domini

81158 T 3/17-5/12 11-11:40am MPAC \$45

Instructor: Glynne Browning



## ▶ ACADEMICS

### ACT BOOTCAMP

This Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. *Students, please bring pencils and calculators to class.*

#### 12-21 YEARS

80942	SAT	3/14	9am-1pm	SERL	\$75
81055	SAT	3/21	9am-1pm	SERL	\$75
81056	SAT	4/25	9am-1pm	SERL	\$75

Instructor: ACT Bootcamp Staff



### AZ SCIENCE CENTER CSI MYSTERY WORKSHOP

Delve into forensic science by applying scientific disciplines and principles used by real-life scientists and detectives! Learn the art of chromatography, investigate evidence, analyze DNA, and conduct hands-on experiments to solve the mystery of a lifetime!

#### 8-12 YEARS

81327	SAT	4/18	9am-12pm	SERL	\$30
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Instructor: Arizona Science Center Staff

### AZ SCIENCE CENTER KITCHEN ELEMENTS

Explore the science found in your very own kitchen! Cook up scientific recipes while discovering the chemical elements that fill your fridge, pantry and stomach!

#### 8-12 YEARS

81328	SAT	5/2	9am-12pm	SERL	\$30
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Instructor: Arizona Science Center Staff

### SAT BOOTCAMP

This Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. *Students, please bring pencils and calculators to class.*

#### 12-21 YEARS

81065	SAT	3/28	9am-1pm	SERL	\$75
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Instructor: SAT Bootcamp Staff

## ▶ ARTS & CRAFTS

### BEGINNING WATERCOLOR

Love watercolor? We will be learning various watercolor techniques such as a wash, wet into wet and using objects in our watercolor to create various textures for many great watercolor paintings including still life and landscape paintings.

#### 8-15 YEARS

81236	M	3/23-5/12	4-5:30pm	CC	\$68
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Instructor: Xiomara Cantore

## ▶ COOKING

### COOKING 101 FOR YOUTH

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given each class to recreate at home. *Bring a storage container to transport food from class. Not recommended for children with food allergies.*

#### 5-8 YEARS

81178	F	3/20-5/15*	4:10-5pm	MPAC	\$50
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#### 7-12 YEARS

81179	F	3/20-5/15*	5:15-6:05pm	MPAC	\$50
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Instructor: Stephanie Bono \*No class 4/3



## ▶ DANCE & CHEER

### ALL BOYZ HIP HOP-YOUTH

This one's for the BOYZ who just want to just DANCE! This class is designed to give basic instruction on hip-hop dancing. Dance steps will be taught at a comfortable pace to age appropriate music. Your child will have the opportunity to learn new dance steps to show off at home, but also in a dance routine that will be performed at the end of the session. *Taught by a member of the 'Phoenix Suns Solar Hip Hop Squad' and the 'Phoenix Mercury Hip Hop Squad'.*

#### 5-8 YEARS

81180	TH	3/26-5/14	5-5:50pm	MPAC	\$40
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#### 7-10 YEARS

81181	TH	3/26-5/14	6-6:50pm	MPAC	\$40
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Instructor: Andrew Palma

### BALLET/TAP

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will focus on ballet and tap. We will learn everything from plies' and tondues, to flaps and shuffles, to chasses and leaps! We will focus on technique through fun and exciting dance moves at the barre, in the center and across the floor. Ready to bust a move?!

#### 6-9 YEARS

81390 T 3/17-5/12 4:30-5:15pm CC \$45

Instructor: Jennifer Myers

81237 W 3/18-5/13 4-4:45pm CC \$45

Instructor: Lauren Cantrell

81281 TH 3/19-5/14 4-4:45pm FRC \$45

Instructor: Jennifer Myers

### BARRE BASICS-YOUTH

Learn the basics of ballet while developing self-confidence and having fun! We will focus on ballet vocabulary and proper techniques of dancing by learning center floor, across the floor and barre movements. By the end of the session your dancer will be ready to show off all of their moves in our classroom recital!!

*Ballet shoes are recommended but not required.*

#### 5-8 YEARS

81182 TH 3/19-5/14 4-4:45pm MPAC \$45

Instructor: Lauren Cantrell

#### 6-10 YEARS

81183 W 3/18-5/13 4-4:45pm MPAC \$45

Instructor: Sharon Moreno

### BEGINNERS BREAKDANCING

Ever want to learn how to breakdance but not sure how to get started? Check out this popular style of street dancing and learn the basics; top rock, drops, footwork, freezes and power moves. Your child will also learn the history and foundation of breakdancing and the evolution of hip hop. So, you think you can dance...prove it! *Taught by a member of the 'Phoenix Suns Solar Hip Hop Squad' and the 'Phoenix Mercury Hip Hop Squad'.*

#### 7-10 YEARS

81184 T 3/17-5/12\* 5-5:50pm MPAC \$40

#### 9-12 YEARS

81185 T 3/17-5/12\* 6-6:50pm MPAC \$40

Instructor: Andrew Palma **\*No class 4/14**

### BROADWAY BABES

Learn the foundations of musical theatre dance choreography and have a blast doing it! In this upbeat and fun class dancers will learn technique, how to express themselves, and how to shine on stage!

#### 6-10 YEARS

81186 TH 3/19-5/14 6-6:45pm MPAC \$45

Instructor: Lauren Cantrell

### DANCE INTENSIVE

Looking for just the right type of dance to get your twinkle toes moving? This class will give you the opportunity to try out a variety of dance styles as each week focuses on a different dance. Could be a mix of ballet, tap, tumbling, hip hop, ballroom, jazz, lyrical, pom and cheer routines, Broadway, clogging, swing, etc. A kaleidoscope of options awaits!

#### 9-12 YEARS

81282 M 3/16-5/11 5:15-6pm FRC \$45

Instructor: Jennifer Myers

### CHEERLEADING 101

A fun and exciting way to introduce kids to the basic skills of cheerleading. Emphasis is on building trust and confidence while encouraging their personal best. Build strength, flexibility and learn basic technical skills such as tumbling, dance, jumps, cheers and stunts to be successful in their squad.

#### 6-10 YEARS

81187 SAT 3/21-5/16\* 11:30am-12:15pm MPAC \$40

Instructor: Sharon Moreno **\*No class 4/4**

### FAIRYTALE BALLET-YOUTH

Blossom into a graceful and elegant dancer while you experience the beauty of ballet. Learn basic ballet vocabulary; develop strength, proper alignment and grace. *Ballet shoes recommended.*

#### 5-8 YEARS

81238 M 3/16-5/11 5-5:45pm CC \$45

Instructor: Lauren Cantrell

81188 F 3/20-5/15\* 5-5:45pm MPAC \$40

Instructor: Jennifer Myers **\*No class 4/3**

#### 7-10 YEARS

81189 W 3/18-5/13 6-6:45pm MPAC \$45

Instructor: Sharon Moreno

### HIP HOP DANCE

In this basic hip hop class you will learn combinations broken down step by step and taught at a comfortable pace to Hip Hop music. You can also get into great shape and meet tons of new friends, so come on in and join the fun!

#### 6-12 YEARS

81283 W 3/18-5/13 5-5:45pm FRC \$45

Instructor: Jennifer Myers

### THEATRE WORX

Does your child want to be a star of the stage? Come learn the basics of stage dance and vocals. Each class will be devoted to dancing and singing with an emphasis on acting and storytelling. Our grand performance will take place at the end of our session!

#### 6-12 YEARS

81284 M 3/16-5/11 4-5pm FRC \$45

Instructor: Jennifer Myers

**Credit/Refund Requests must be made by**

**Monday, March 9th, 2015**

*Call (480) 503-6200 for further information.*



## EQUESTRIAN

### ADVANCED HORSEMANSHIP

Prerequisite: Must have taken Intermediate Horsemanship in the past year. This fast paced class is designed to work with those who want training techniques for both horse and rider. We will work more intensively on each student's abilities and areas they wish to progress in such as trail riding, western pleasure, barrel racing, roping and team penning. We will cover fundamentals of each area of interest for each student. **Students under 18 must have parent/guardian sign a liability waiver at first class.** Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

#### 8+ YEARS

81041	T	3/3-3/24	7-8pm	VSB	\$136
81308	T	5/5-5/26	7-8pm	VSB	\$136

Instructor: Valley Silver Bullets Staff

### BEGINNING HORSEMANSHIP

This class is designed to teach students the basics of Western riding horsemanship. We will begin with grooming, general care and saddling safely after that we will cover mounting and dismounting, proper posture and balance when riding. We will work with each student on simple control techniques such as asking the horses to walk and stop. **Students under 18 must have parent/guardian sign a liability waiver at first class.** Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

#### 8+ YEARS

81042	T	3/3-3/24	6-7pm	VSB	\$136
81043	T	4/7-4/28	6-7pm	VSB	\$136

Instructor: Valley Silver Bullets Staff

### INTERMEDIATE HORSEMANSHIP

Prerequisite: Must have taken Beginning Horsemanship or Introduction to Horsemanship in the past year. This class will focus on more specific control and Western riding techniques such as getting the horse to respond to certain cues and learning how to post while in a trot. We will cover different gaits, as well as identifying the gaits and correct leads while mounted. **Students under 18 must have parent/guardian sign a liability waiver at first class.** Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

#### 8+ YEARS

81044	T	4/7-4/28	7-8pm	VSB	\$136
81045	T	5/5-5/26	6-7pm	VSB	\$136

Instructor: Valley Silver Bullets Staff

**"Gilbert Parks and Rec offers classes that we can't get through school. My kids love it!"**

## HEALTH & FITNESS

### BOUNCE BOOT CAMP

Founded by a former NFL player, Bounce Boot Camp is the FIRST company in the world that combines the fun of inflatable obstacle courses, castles, and slides into an amazingly fun program for everyone. Bounce Boot Camp puts the "fun" back into fitness and will create a memorable experience for all ages and groups. Bouncing in the inflatable equipment is not only fun, it has been shown to improve cardiovascular health, core strength, balance, and coordination. **These classes will meet in the grassy area in front of the Freestone Skate Park.**

#### 8-14 YEARS

81047	T	3/17-5/5	5:30-6:30pm	FPARK	\$99
81046	T	3/17-5/5	6:30-7:30pm	FPARK	\$99

Instructor: Richard Muro

## GYMNASTICS

### GYMNASTICS 101

**BEGINNER LEVEL:** Best recommended for kids needing help to master the basic skills. Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. Progression is at-their-own-pace and they'll enjoy social interaction with peers. Focus on floor gymnastics; front/back rolls, handstands, cartwheels, backbends and balancing.

#### 5-8 YEARS

81190	W	3/18-5/13	4-4:50pm	MPAC	\$45
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Instructor: TBA

81191	SAT	3/21-5/16*	10:30-11:20am	MPAC	\$40
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Instructor: Branigan Seay **\*No class 4/4**

#### 6-9 YEARS

81192	M	3/16-5/11	4-4:55pm	MPAC	\$45
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Instructor: Sharon Moreno

#### 8-12 YEARS

81193	W	3/18-5/13	5-5:55pm	MPAC	\$45
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Instructor: Kyndal Schultz

81194	SAT	3/21-5/16*	11:30am-12:25pm	MPAC	\$40
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Instructor: Branigan Seay **\*No class 4/4**

### GYMNASTICS 102

**INTERMEDIATE LEVEL:** Best recommended for kids who have mastered the basic skills and have prior gymnastics background. This class is a continuation of skill development from Gymnastics 101 with more emphasis on strength and flexibility. Kids will learn the next set of progression to include walkovers through full range of motion. Class stresses safety and spotting techniques and will begin working on a routine that will be performed at the end of the session.

#### 6-12 YEARS

81196	W	3/18-5/13	6-6:55pm	MPAC	\$45
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Instructor: Kyndal Schultz

81197	SAT	3/21-5/16*	12:30-1:25pm	MPAC	\$40
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Instructor: Branigan Seay **\*No class 4/4**



## MARTIAL ARTS

### HUNG GAR KUNG FU

See **MARTIAL ARTS** section under **ADULT** for class description and info.

### SANCHIN-RYU KARATE-ADVANCED

This advanced Sanchin-Ryu class is open to those students holding the rank of Purple belt or higher. Students will be learning advanced forms and techniques as well as their hand-to-hand application. **A solid understanding of basic fundamental techniques of Sanchin-Ryu is required.**

#### 6+ YEARS

81048	W	3/18-5/13	6:30-8:30pm	MPAC	\$86
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Instructor: Sanchin-Ryu Karate Staff

### SANCHIN-RYU KARATE-FAMILY

Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu's practical movements and no-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Classes are taught in a fun, high-energy environment. *Please wear comfortable clothing that does not restrict movement.*

#### 6+ YEARS

81052	M	3/16-5/11	5:30-7:30pm	CC	\$43
81049	TH	3/19-5/14	6:30-7:30pm	CC	\$43
81051	F	3/20-5/15*	6:30-7:30pm	FRC	\$38
81050	SAT	3/21-5/16*	9:30-10:30am	FRC	\$38

Instructor: Sanchin-Ryu Karate Staff **\*No class 4/3 & 4/4**

### SANCHIN-RYU KARATE & SELF-DEFENSE FOR YOUTH

This class combines two programs into one, the art of Sanchin-Ryu and Project: Secure Child. In a non-competitive environment children will learn the martial art of Sanchin-Ryu, which builds self-confidence and develops focus and discipline. Students are taught alternatives to fighting in a positive, go-at-your-own-pace environment. Project: Secure Child is a program designed to address the growing concerns we have for our children's safety. Our goal is to empower children with proven techniques to handle a variety of everyday situations they may encounter. Topics include: How to deal with strangers, bullies and peer pressure. Classes are taught in a fun, high-energy environment. Benefits of this class include: improved self-confidence, enhanced self-discipline and developed physical fitness. *Please wear comfortable clothing that does not restrict movement.*

#### 6-12 YEARS

81054	TH	3/19-5/14	5:30-6:30pm	CC	\$43
81053	F	3/20-5/15*	4:30-5:30pm	FRC	\$38

Instructor: Sanchin-Ryu Karate Staff **\*No class 4/3**



Look for this symbol to see our exciting new offerings this Spring Session!

### TAE KWON DO ADVANCED

Tae Kwon Do Color Belts is for participants with previous Tae Kwon Do experience. Participants will work on blocks, punches, kicks, forms, one-step and free sparring.

#### 6-15 YEARS

81285	M/W	3/16-5/13	6:15-7:15pm	FRC	\$86
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Instructor: Donn Kong

### TAE KWON DO BEGINNERS

This class is for students with little or no Martial Arts experience. Students will learn basic punches, kicks, blocks and concentrate on form. Students will have an opportunity to move from white belt to yellow belt if they wish to test.

#### 6-12 YEARS

81286	T/TH	3/17-5/14	6-7pm	FRC	\$86
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Instructor: Donn Kong

### TAI JI QUAN

See **MARTIAL ARTS** section under **ADULT** for class description and info.

### BABYSITTER TRAINING CLASS

The Childcare & Babysitting course (CABS) helps build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. The course includes CPR & First aid, diaper changing, feeding and choking prevention. Students will receive a workbook and a certificate upon completion. **Please bring a sack lunch.**

#### 10-16 YEARS

80806	SAT	3/14	9am-1pm	SERL	\$55
81057	SAT	4/11	9am-1pm	SERL	\$55
81058	SAT	5/9	9am-1pm	SERL	\$55

Instructor: Cross' Lifeline Emergency Staff

### CONSTRUCTION WITH BEYOND THE BELL

Students take home everything they build. Watch your children build the machines that build the world! Let them dig, demolish and design their way to success discovering the function of heavy equipment used in the world of construction! **A \$10 supply fee will be collected by the instructor on the first day of class.**

#### 6-12 YEARS

81310	TH	3/19-4/9	4:30-6:30pm	SERL	\$99
81311	TH	4/23-5/14	4:30-6:30pm	SERL	\$99

Instructor: Beyond the Bell Staff

### CUPCAKE WARS

Come decorate cupcakes after school with Culinary Creations: Cupcake Wars! This hands-on class is a beginner's course in cupcake decorating and artistic expression. Weekly, students will create and bring home two, artistic treats using some of the real tools of pastry chefs. Creative projects include: sheep, owls, bugs, piggies, and goofy monsters. Course fee includes all the supplies, just show up! Students are NOT allowed to consume our treats/food in class. Not recommended for children with food allergies.

#### 6-13 YEARS

81059	TH	3/19-4/23	5-6pm	MPAC	\$59
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Instructor: Bonanza Educational Staff



## SPECIAL INTEREST

### CREATIVE WRITING CLASSES

Explore your inner author in these creative writing courses. Learn to write your family memories or venture into the nonfiction genre. New and experienced writers are welcome to attend. Instructor: Marilyn Janson

### NOVEL AND NOVELLA WRITING WORKSHOP

Chapter structure and development, character sketches, plot, tension, pacing, point of view and narrative voices. All genres. A \$10 copy fee will be collected by the instructor on the first day of class.

#### 14+YEARS

81325 SAT 4/11-5/2 12:30-2:30pm SERL \$60

### SHORT STORY WRITING WORKSHOP

Sci-fi, children's, young adult, mystery and suspense. Plot, premise and point of view. A \$10 copy fee will be collected by the instructor on the first day of class.

#### 14+YEARS

81326 SAT 4/11-5/2 10am-12pm SERL \$60



### EAST VALLEY ROBOTICS WORKSHOPS-PARENT/CHILD

It's a STEM world after all! Let's explore it together. This parent/child experience is designed to give our youngest learners an introduction to the magical world of STEM through age-appropriate activities including engineering, programming, and of course, robotics. These hands-on activities allow parents and children to experience engineering and robotics in a manner that is engaging, fun, and collaborative. *These workshops are designed for parent & child to participate together. Participants will keep the kits used during the workshops. All workshops are taught by Shawn Hardina of East Valley Robotics Academy, LLC.*

### ENGINEERING FOR GIRLS

It's a STEM world after all! Let's explore it together. This parent/child experience is designed to give our youngest learners an introduction to the magical world of STEM through age-appropriate activities including robotics and engineering. This half day session is designed for our younger female innovators. There are a lot of girls out there who are engineers, innovators, and problem solvers; they just might not know it yet. This class can help show them the way.

#### 4-9 YEARS

81312 SAT 4/4 9am-12pm SERL \$75

### ENGINEERING WITH INSECTS (HEXBUGS)

No, we don't mean real insects. In this course parents will learn how to use Hexbugs (really cool mechanical bugs) to teach engineering principles, problem solving, and innovation to young learners. This is a one hour course that will provide the opportunity for a parent and child to learn, problem-solve, collaborate, have fun together.

#### 4-9 YEARS

81313 SAT 4/18 9-10:15am SERL \$50

### EXPLORING ELECTRICITY

In this session you will be able to explore different concepts about electricity. You will be able to study electronics using Snap Circuits®, explore basic circuits using batteries, wire, and light bulbs, create an electromagnet using wire, batteries, and a nail and learn how to make conductive dough. This is a one hour course that will provide the opportunity for a parent and child to learn, problem-solve, collaborate and have fun together.

#### 4-9 YEARS

81314 SAT 4/11 9-10:15am SERL \$50

### MY FIRST ROBOT

The engaging and fun Wonder Workshops are intended to be enjoyed by a parent and child. Children can build their first robot with the help of a parent. You will be able to build, decorate, and test (and keep) your own robot. You chose from the Smart Robot, Brush Robot, or the Tin Can Robot.

#### 4-9 YEARS

81315 SAT 3/21 9-10:15am SERL \$50



### FARMLAND FUN WITH BEYOND THE BELL

Students keep everything they build! This farm-themed program will include elements to help the student explore both the old and new farm techniques. The students will learn about various types of farm machines along with technologies that are used in construction, building and storage! **A \$10 supply fee will be collected by the instructor on the first day of class.**

#### 6-12 YEARS

81316	M	3/16-4/6	4:30-6:30pm	SERL	\$99
81317	M	4/20-5/11	4:30-6:30pm	SERL	\$99

Instructor: Beyond the Bell Staff



### FIRE BRIGADE WITH BEYOND THE BELL

Students keep everything they build. Students will use 21st Century learning skills, problem solving, architectural principles and objectives, along with many other concepts covered. Students will be challenged to use their imagination to build and engineer structures, vehicles, helicopters, and fire equipment. **A \$10 supply fee will be collected by the instructor on the first day of class.**

#### 6-12 YEARS

81318	T	3/17-4/7	4:30-6:30pm	FRC	\$99
81319	T	4/21-5/12	4:30-6:30pm	FRC	\$99

Instructor: Beyond the Bell Staff

### GUITAR FOR BEGINNERS

Students will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, basic chords, and how to play simple songs step by step. *No prior experience required.* **Students are required to provide their own guitar for class sessions. An \$8 supply fee will be collected by the instructor on the first day of class.**

#### 8-14 YEARS

81060	W	3/25-4/29	5:45-6:30pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff

### GUITAR INTERMEDIATE

This class offers the opportunity to practice skills and techniques learned in Beginning Youth Guitar. Instruction continues on to intermediate levels of guitar playing and challenges driven students to improve their musical skills and applications. **All students are required to have prior training of beginner level skills and must bring their own guitar to class. An \$8 supply fee will be collected by the instructor on the first day of class.**

#### 8-14 YEARS

81061	W	3/25-4/29	6:30-7:15pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff



### JOURNEY INTO SPACE WITH BEYOND THE BELL

Students keep everything they build! The sky is no limit for your future engineers as they journey from earth to outer space and beyond. We'll help them blaze a trail to develop architecture, design, problem-solving and team building skills you drive home key STEM elements! **A \$10 supply fee will be collected by the instructor on the first day of class.**

#### 6-12 YEARS

81320	W	3/18-4/8	4:30-6:30pm	FRC	\$99
81321	W	4/22-5/13	4:30-6:30pm	FRC	\$99

Instructor: Beyond the Bell Staff

### LEGO® EXPLORATION THROUGH CREATION

Come join an exciting after-school LEGO club with Building Bonanza! Build LEGO® pyramids, towers, bridges, mansions, boats and even race your friends with LEGO® race cars in this hands on learning class! Practice teamwork, communication, and problem solving in group projects while practicing science and math ideas. All LEGO projects and other class materials remain property of Bonanza Educational. *There are no take-home projects.* **Participants must be the minimum age by the first day of class.**

#### 5-13 YEARS

81062	M	3/16-4/20	5-6pm	MPAC	\$49
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Instructor: Bonanza Educational Staff

### LEGO® STOP MOTION ANIMATION

Do you have a story to tell? Watch it come to life using Stop-Motion Animation with LEGO® and iPads. Learn storytelling and animation skills as your team writes, films, and produces a short film starring your LEGO® minifigure actors. When we're all done, videos will be posted online at Youtube.com for you to share with friends and family. Don't miss this opportunity to showcase your talent and become a famous animator! Videos are uploaded to YouTube.com/BonanzaEdu. A non-commercial talent release must be signed for all videos to be shared online. *All LEGO projects and other class materials remain property of Bonanza Educational. There are no take-home projects.*

#### 7-13 YEARS

81063	T	3/24-4/28	5-6pm	MPAC	\$59
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Instructor: Bonanza Educational Staff

### PIANO FOR BEGINNERS

Basic musical skills will be taught such as proper hand positions, posture, note reading, and technique. Students will learn how to play popular age appropriate songs step by step. *No prior experience is required and notebook and pencil are suggested. Students will be required to provide their own keyboards for class sessions; full-size, weighted keys are preferable if possible.* **An \$8 supply fee will be collected by the instructor on the first day of class.**

#### 8-14 YEARS

81064	T	3/24-4/28	6:30-7:15pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff

**Credit/Refund Requests must be made by  
Monday, March 9th, 2015  
Call (480) 503-6200 for further information.**



## PULLBACK CAR FRENZY WITH BEYOND THE BELL-NEW

Student keeps everything they build! This course is designed to stimulate problem solving and creativity using new and innovative ideas. It's jam packed with experiments to demonstrate STEM concepts and law such as gravity, potential energy and kinetic energy. **A \$10 supply fee will be collected by the instructor on the first day of class.**

### 6-12 YEARS

81322	SAT	3/21-4/11	10am-12pm	FRC	\$99
81323	SAT	4/25-5/16	10am-12pm	FRC	\$99

Instructor: Beyond the Bell Staff

## SUPER SINGERS

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. There will also be focus on the art of performance and presentation. *No prior experience required.* **An \$8 supply fee will be collected by the instructor on the first day of class.**

### 8-14 YEARS

81066	T	3/24-4/28	5:45-6:30pm	MPAC	\$80
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Instructor: Phoenix Conservatory of Music Staff



## SPORTS

## BASIC 8's ICE SKATING

This class teaches puts the FUN in the fundamentals of ice skating! By the end of the session, most skaters will be able to skate forward, backwards, stop & learn about injury prevention. Upon completion, skaters will be ready to join our Basic Skills Program. Skate rental is included with class registration. *Skate rental is included with class registration.* **Arizona Ice (AI) is located at 2305 E. Knox Rd. Gilbert, AZ 85296.**

### 7-14 YEARS

81370	M	3/16-5/11	4:30-5:00pm	AI	\$135
81067	T	3/17-4/7	1:45-2:15pm	AI	\$60
81068	T	4/21-5/12	1:45-2:15pm	AI	\$60
81069	SAT	3/21-4/11	10:05-10:35am	AI	\$60
81070	SAT	4/25-5/16	10:05-10:35am	AI	\$60

Instructor: AZ Ice Staff

## BEGINNING ROCKCLIMBING

During this course your child will learn beginning climbing skills along with equipment, knots, proper safety procedures, and climbing techniques on an indoor climbing wall. You climber will develop strength and confidence with no previous experience needed.

### 6-8 YEARS

81287	SAT	3/21-5/9*	9-9:45am	FRC	\$36
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### 9-12 YEARS

81288	SAT	3/21-5/9*	10-10:45am	FRC	\$36
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Instructor: Richard Hickman **\*No class 4/4**

## FUNDAMENTAL FOOTBALL

In this football class kids will learn the fundamentals of football while developing new skills. Kids will be coached by a former 5 year professional football player. Kids will learn teamwork, sportsmanship and commitment. Kids will be trained at their skilled position which includes: QB, TE, RB, SS, FS, WR and CB. Participants will go through drills that will help improve their speed and agility. Kids will also compete with each other during one-on-one sessions. Learn from Coach Richardson a former professional athlete and take your game to the next level. **These classes will meet on the grassy area in front of the Freestone Skate Park.**

### 6-13 YEARS

81071	SAT	3/21-5/16*	10-11am	FPARK	\$75
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Instructor: Coach Carl Richardson **\*No class 4/4**

## FUNDAMENTAL HOOPS!

In this basketball class kids will learn the basics and fundamentals of basketball while having fun. They will learn teamwork, sportsmanship and commitment. We will teach each kid the principal of basketball so they can enhance their basketball skills. The objective of this class is to have each kid learn the game of basketball and develop new skills. Learn from Coach Richardson a former professional athlete and take your game to the next level.

### 6-13 YEARS

81371	W	3/18-5/13	5-6pm	FRC	\$75
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Instructor: Coach Carl Richardson

## FUNDAMENTAL SOCCER

In this soccer class kids will learn the basics and fundamentals of soccer while having fun. They will learn teamwork, sportsmanship and commitment. We will teach each kid the principals of soccer so they can enhance their soccer skills. The objective of the class is to learn the game of soccer and develop new skills. Learn from Coach Richardson a former professional athlete and take your game to the next level. **This class will meet on the grassy area in front of the Freestone Skate Park.**

### 6-13 YEARS

81074	T	3/17-5/12	5-6pm	FPARK	\$50
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Instructor: Coach Carl Richardson





### GOLF FOR HOMESCHOOLERS

Join the expert coaches of the award winning Outback Golf Academy. Each curriculum is designed by PGA Teacher of the Year Craig Hocknull and is perfect for the beginner and intermediate golfer. This fun and educational class will touch on all of the key components of the game of golf! *Please wear tennis shoes and bring a water bottle. This class will meet on the driving range at Western Skies Golf Club (WS) located at 1245 E. Warner Rd., Gilbert, AZ 85296.*

#### 5-18 YEARS

81329 M 3/23-5/11 10-10:45am WS \$160



### GOLF FOR YOUTH/TEEN

Join the expert coaches of the award winning Outback Golf Academy. Each curriculum is designed by PGA Teacher of the Year Craig Hocknull and is perfect for the beginner and intermediate golfer. This fun and educational class will touch on all of the key components of the game of golf! *Please wear tennis shoes and bring a water bottle. This class will meet on the driving range at Western Skies Golf Club (WS) located at 1245 E. Warner Rd., Gilbert, AZ 85296.*

#### 6-16 YEARS

81330 W 3/25-5/13 5:45-6:30pm WS \$160

### INTRODUCTION TO LACROSSE

The Introduction to Lacrosse session focuses on the fundamentals including catching, throwing, cradling, scooping a ground ball, shooting, and face-offs. There will be a mini game at the end of each lesson. Come and explore the fastest game on two feet. **This class will meet on the multi-use fields behind McQueen Park Activity Center.**

#### 8-12 YEARS

81075 SAT 3/21-5/16 9-10am MPARK \$60

Instructor: Mark McLoone



### MULTI-SPORTS

In this class kids will be coached on how to play several different sports while staying fit and having fun. Kids will also learn commitment, sportsmanship, leadership skills and team work. This class will be trained by Coach Richardson a former professional athlete. The objective of this class is for kids to have fun while staying fit! **This class will meet on the grassy area in front of the Freestone Skate Park.**

#### 6-13 YEARS

81324 SAT 3/21-5/16\* 11:15am-12:15pm FPAK \$75

Instructor: Coach Carl Richardson \*No class 4/4



### SPEED & AGILITY

In this Speed and Agility class kids will learn the basics and fundamentals of speed and agility. Kids will learn teamwork, sportsmanship and commitment. We will teach each kid the proper way to stretch and warm up to avoid injuries. Kids will go through circuit training throughout the course of the class, competing with other participants. The objective of this class is for each kid to have fun while becoming better athletes. Learn from Coach Richardson a former professional athlete and take your game to the next level. **This class will meet on the grassy area in front of the Freestone Skate Park.**

#### 6-13 YEARS

81076 T 3/17-5/12 6:15-7:15pm FPAK \$75

Instructor: Coach Carl Richardson

### SPORTBALL BASEBALL-YOUTH

Certified Sportball coaches introduce, practice and refine sport skills with an enthusiastic and animated approach. Sportball's sport specific classes reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence and develop the social skills necessary to succeed in sport and life. **This class will meet on the multi-use fields behind McQueen Park Activity Center.**

#### 6-10 YEARS

81077 SAT 3/28-5/16\* 2-3pm MPARK \$79

Instructor: Sportball Staff \*No class 4/4





**SPORTBALL BASKETBALL-YOUTH**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Basketball. Skills include: shooting, ball handling, passing, defense, offense, footwork, teamwork and positional play. Coaches are trained athletes who have a passion for sharing their love of Basketball. **McQueen Park (MPARK) and Discovery Park (DPARK) classes will meet outside on the basketball courts.**

**6-8 YEARS**

81081	M	3/23-5/4	5:15-6:15pm	FRC	\$79
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**6-10 YEARS**

81078	TH	3/26-5/7	6:30-7:30pm	MPARK	\$79
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81079	F	3/27-5/15*	6:30-7:30pm	DPARK	\$79
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81080	SAT	3/28-5/16*	9-10am	MPARK	\$79
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**8-12 YEARS**

81082	M	3/23-5/4	6:15-7:15pm	FRC	\$79
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Instructor: Sportball Staff **\*No Class 4/3 & 4/4**

**SPORTBALL SOCCER-YOUTH**

Fully trained and certified Sportball instructors teach competence, confidence and the fundamental skills necessary to excel in Soccer. Classes are dedicated to skills development and putting those skills to work in exciting, non-competitive games. Classes are high-energy, creative and fun! Equipment provided. Bring water and wear tennis shoes. **This class will meet on the Multi-Use Fields behind McQueen Park Activity Center.**

**6-10 YEARS**

81083	SAT	3/28-5/16*	12:30-1:30pm	MPARK	\$79
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Instructor: Sportball Staff **\*No class 4/4**

**SPORTBALL TENNIS-YOUTH**

Sportball instructors teach competence, confidence and the fundamental skills necessary to excel in Tennis. Classes are dedicated to skills development and putting those skills to work in exciting, non-competitive games. Classes are high-energy, creative and fun! *Bring water and wear tennis shoes.* **These classes will meet outside on the tennis courts.**

**6-8 YEARS**

81084	TH	3/26-5/7	5:30-6:30pm	FPARK	\$79
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81085	F	3/27-5/15*	5:30-6:30pm	MPARK	\$79
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**8-12 YEARS**

81086	TH	3/26-5/7	6:30-7:30pm	FPARK	\$79
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81087	F	3/27-5/15*	6:30-7:30pm	MPARK	\$79
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Instructor: Sportball Staff **\*No class 4/3**

**8-12 YEARS**

81089	W	3/25-5/6	6:30-7:30pm	MPARK	\$79
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Instructor: Sportball Staff

**“The facilities are clean and inviting, and the staff is always so helpful.”**


**SPORTBALL VOLLEYBALL**

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Volleyball. Skills include: serves, bumps, sets, spikes, volley, and positional play. Coaches are trained athletes who have a passion for sharing their love of Volleyball. *Sportball provides all equipment.* **These classes will meet on the outdoor sand volleyball courts at McQueen Park.**

**6-8 YEARS**

81088	W	3/25-5/6	5:30-6:30pm	MPARK	\$79
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Instructor: Sportball Staff

**TUMBLING AND MOVEMENT**
**TUMBLE AND SHOUT**

Need a positive outlet for your child's energy and excitement? This beginning class is a great introduction to tumbling and floor gymnastics. Participants will have a terrific time learning somersaults, backbends, handstands, cartwheels, and round offs. Your child will be head over heels for this class.

**6-9 YEARS**

81290	TH	3/19-5/14	5-5:45pm	FRC	\$45
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Instructor: Jennifer Myers





## ARTS &amp; CRAFTS



## BEGINNING CROCHET

This class is for beginners. Learn the basic of crocheting. We will learn about hooks, yarns and the basic crochet stitches in this class. We will also work on a small project.

## 18+ YEARS

81235 M 3/23-5/12 1:30-2:45pm CC \$58  
Instructor: Xiomara Cantore



## FAST2FAB ALBUM

Do you have pictures everywhere...computer, camera, memory cards, phone? Would you like to create a beautiful album in 2 short classes? If your answer is yes, then this class is for you. It's perfect for busy people like us who take photos, but don't have time to do what we'd like to do with them. **A \$74 supply fee will be collected by the instructor on the first day of class. The class supply fee includes all that you need to complete a 12x12 album.**

## 18+ YEARS

81347 W 4/1 & 4/15 10-11:30am MPAC \$10  
81348 W 4/1 & 4/15 6-7:30pm MPAC \$10  
81349 M 4/27 & 5/11 6-7:30pm MPAC \$10  
81350 T 4/28 & 5/12 10-11:30am MPAC \$10  
Instructor: Debra Durma



## SCRAPBOOKING WORKSHOP

The Scrapbooking Workshop is an open, fun workshop surrounded by other scrapbookers. You will have space and time to complete your albums. The workshop is open to all digital and traditional scrapbookers. Scrapbooking tips and ideas will be shared throughout the day. You can choose to take the all day workshop or a half day. *Bring your own supplies to complete an album. Scrapbook supplies kits are available for purchase in the case you were to run out of supplies to complete your album.*

## 16+ YEARS

81354 SAT 3/21 9am-1pm MPAC \$15  
81355 SAT 3/21 9am-4:30pm MPAC \$25  
81356 SAT 4/18 9am-1pm MPAC \$15  
81357 SAT 4/18 9am-4:30pm MPAC \$25  
81358 SAT 5/16 9am-1pm MPAC \$15  
81359 SAT 5/16 9am-4:30pm MPAC \$25  
Instructor: Debra Durma

**Don't let a good class pass you by!**



**Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.**



## HEALTH &amp; FITNESS

## BEGINNING BELLY DANCE

This fun beginning class will provide you with a low-impact and low-pressure workout that improves flexibility and coordination. Join us to explore the basics of belly dance, building on steps learned from class to class as we learn a choreographed dance. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.*

## 16+ YEARS

81198 M 3/16-5/11 7-8pm MPAC \$45  
Instructor: Elizabeth Makela

## BELLY DANCE DRILLS

In this open level class, students can focus on learning foundational belly dance movements at their own pace. Once the basics of technique are mastered, variations including isolations, transitions, traveling and layering will be introduced. This class is a great complement to the choreography focused classes 'Beginning Belly Dance' and 'Belly Dance Fusion'. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.*

## 16+ YEARS

81199 M 3/16-5/11 6-7pm MPAC \$45  
81200 F 3/20-5/15\* 6-7pm MPAC \$40  
Instructor: Elizabeth Makela **\*No class 4/3**

## BELLY DANCE FUSION

This open level class fuses traditional belly dance movements with elements from other dance styles, cultures, or musical genres. Each session will draw inspiration from somewhere new. Students will learn a fun choreographed dance and have the opportunity to perform it for friends and family if they wish. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.*

## 16+ YEARS

81201 F 3/20-5/15\* 7-8pm MPAC \$40  
Instructor: Elizabeth Makela **\*No class 4/3**







We are currently accepting applications for qualified fitness instructors. If you have a experience that you'd like to share with us, apply online: [www.gilbertaz.gov/hr](http://www.gilbertaz.gov/hr)

## BEGINNING YOGA

This class is for those interested in learning more about yoga. We will work on traditional yoga poses both standing and sitting, breathing techniques and simple meditation practices. This class is perfect for beginners.

### 16+ YEARS

81203 W 3/18-5/13 5-5:55pm MPAC \$47

Instructor: Jocelyn Dunn

81378 TH 3/19-5/14 6-7pm FRC \$47

Instructor: Rachel Laferriere

## GENTLE YOGA

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners.

### 16+ YEARS

81204 W 3/18-5/13 6-6:55pm MPAC \$47

Instructor: Jocelyn Dunn

81292 T 3/17-5/12 6-7pm FRC \$47

Instructor: Jocelyn Dunn



## TRUE BODY FITNESS CLASSES

True Body Fitness offers a fun and friendly way to torch calories. Classes are taught by a Certified Personal Trainer who can modify or progress workouts so ALL FITNESS LEVELS ARE WELCOME. Flexible options allow you to decide how many classes to take each month: 4, 6, 8, 10 or unlimited. Bring your yoga mat and water. For course codes please go to [www.GilbertRecreation.com](http://www.GilbertRecreation.com) the schedule of classes is below.

4 Class Package-\$30	10 Class Package-\$60
6 Class Package-\$40	Unlimited Class Package-\$70
8 Class Package-\$50	

## LADIES CORE/ABS & GLUTES

Focuses on all of the major muscle groups that support you in your daily living. We will whittle away your middle, but we will also strengthen your **back, chest and glutes!** A strong core allows you to maintain appropriate posture, helps to avoid injuries, and improves athletic performance.

### 14+ YEARS

Tuesdays 8:15-9:15am SERL

Thursdays 6-6:45pm SERL

Instructor: Maggie Colecchia

## LADIES ONLY BOOT CAMP

Strength training combined with cardio; designed to lose fat, improve cardiovascular endurance, increase strength and flexibility.

### 14+ YEARS

Mondays 4:30-5:30pm SERL

Mondays 6-7pm SERL

Thursdays 4:30-5:30pm SERL

Saturdays\* 8:45-9:45am SERL

Instructor: Maggie Colecchia \*No class 4/4

## MARTIAL ARTS

### GRACE UNDER PRESSURE-WOMEN'S SELF DEFENSE

In a FUN high-energy environment, students learn to act on stressful situations rather than being controlled by them. Learn streetwise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self. Sign up for this class by yourself or with a friend or family member! *Please wear comfortable clothing that does not restrict movement.*

#### 15+ YEARS

81342	W	3/18-5/13	5:30-6:30pm	MPAC	\$43
81341	SAT	4/11	12-2:30pm	FRC	\$24

Instructor: Sanchin-Ryu Karate Staff



### GOOD 4TUNE TAI CHI

Welcome Tai Chi Players! Explore a form for you! Discover increased balance, flexibility and strength. Lubricate joints, muscles and tendons. Experience mind/body balance and new energies. Include Tai Chi in your journey. Feels good! Meet with Instructor Bob and benefit from his 25 years of movement study and experience. These classes will take place in the Riparian Preserve (RP) on the grassy area in front of the observatory.

#### 45+ YEARS

81387	M/W	3/16-5/113	6-7pm	RP	\$85
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Instructor: Bob Fay

### HUNG GAR KUNG FU

A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self-defense and patience are part of this Martial arts class.

#### 13+ YEARS

81295	W	3/18-5/13	6:30-8:30pm	FRC	\$86
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Instructor: Peter Pena

### SANCHIN-RYU KARATE-ADULT

Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu's practical movements and no-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. *Please wear comfortable clothing that does not restrict movement.*

#### 15+ YEARS

81343	SAT	3/21-5/16*	8-9:30am	FRC	\$57
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Instructor: Sanchin-Ryu Karate Staff \*No class 4/4

**LOOKING FOR MORE CLASSES?**  
Check out our 16+YEARS classes in the  
ADULT section (pages 52-57).

### CHINESE MARTIAL ARTS

North and South Chinese Martial Arts direct from the Shaolin Temple learn basics in fundamental postures, self-defense techniques and two person routines.

#### 16+ YEARS

81293	T/TH	3/17-5/12	6:30-7:30pm	FRC	\$86
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Instructor: Peter Pena

### SANCHIN-RYU KARATE-ADVANCED

See MARTIAL ARTS section under YOUTH for class description and info.

### SANCHIN-RYU KARATE-FAMILY

See MARTIAL ARTS section under YOUTH for class description and info.

### TAI JI QUAN

Introduction to Tai Ji Quan for people with no experience and wanting to be knowledgeable of this Chinese holistic style. Tai Ji Quan, which means Grand Ultimate Fist, is a classical Chinese internal martial arts system created out of the Daoist concept of balance. Tai Ji Quan, with its movements imitating the flow of water, is an exercise which improves balance, coordination, respiratory and cardiovascular systems. All levels are welcome.

#### 16+ YEARS

81294	T	3/17-5/12	7:30-8:30pm	FRC	\$43
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Instructor: Peter Pena

## SPECIAL INTEREST

### AED, CPR & FIRST AID TRAINING-ADULT, CHILD & INFANT

Used properly, First Aid and CPR can SAVE LIVES! Learn proper techniques to be effective in an emergency. Recognize the signs/symptoms of injuries and sudden illness. Receive crucial information on emergencies such as bleeding, shock and burns. Recognize and treat life threatening emergencies such as cardiac arrest and choking. *Upon completion of this course, participants will receive a two year certification card.*

#### 16+ YEARS

81344	W	3/18	6-9pm	SERL	\$40
81345	W	4/15	6-9pm	SERL	\$40
81346	W	5/20	6-9pm	SERL	\$40

Instructor: Cross' Lifeline Emergency Staff





**KINDER READY**

New Directions Institute presents the latest information and techniques to 'wire up' a child's brain for a successful future in Kindergarten in a FREE four class series. Information and techniques are demonstrated in ways that are practical for parents, using interactive experiences and providing free materials to reinforce the main concepts at home. *This workshop contains the same information as our Kinder Prep series but for parents and caregivers only. Childcare is not provided. Kinder Ready is provided through a grant from First Things First.*

**18+ YEARS**

81351 M 4/20-5/11 9:30-11am MPAC FREE  
Instructor: New Directions Institute Staff

**NURTURING PARENTING**

Nurturing Parenting is a free parent education program for parents, grandparents, and caregivers of children birth - age five. It follows an internationally recognized curriculum for enhancing self-worth, empathy, discipline, and empowerment. The program is 10 two-hour sessions that offer engaging discussions, interesting video clips, and stimulating activities. Additionally, sessions include creative make and take home projects and fun gifts for participating. All classes and materials are FREE to participants. *Classes are provided by New Directions Institute through a grant from First Things First. These classes are free, however registration is required. Free childcare will be provided by New Directions Institute.*

**18+ YEARS**

81352 T 3/17-5/12 6-8pm SERL FREE  
Instructor: New Directions Institute Staff

**PHOTOGRAPHY 101**

This class will introduce overall types or styles of photography and a brief history of photography and equipment. Participants will learn camera operation, settings, exposure, memory cards, composition, lighting, peripheral equipment, photographic terms and their meanings, and care and cleaning of their equipment. The students will have adequate opportunities to photograph between sessions and to share and discuss the various aspects of those photos during subsequent classes. It is recommended, but not required that the students have a camera capable of photographing in manual mode, whether they've used that mode or not. It is also recommended that they have a copy of the manual for their camera. In addition, those wishing to share their photographs during class for discussion should have a thumb drive which they can bring to class with their photographs saved on them. The last 2 classes will be outdoor tutorial sessions at the Riparian Preserve. *Note: Any digital camera will be adequate for this class...camera recommendations are not mandatory however they will enable a more comprehensive experience.*

**15+ YEARS**

81384 Wed 3/18-5/6 6-8pm SERL \$45  
Instructor: Robert Malarz

**ROBOTICS 101: ROBOTICS FOR THE "REST OF US"**

Interested in sharing robotics with others but feeling overwhelmed? We'll break it all down in this "Back to Basics" course. Not sure you want to start a robotic program and team? Would you like to "play" with the robotics kits learn more about various robotics opportunities before you make your decision? What is the difference between FIRST and VEX Robotics? *There will be a 45 minute lunch break at noon.*

**18+ YEARS**

81353 SAT 5/2 9am-4pm SERL \$99  
Instructor: Shawn Hardina

**THE NUTS AND BOLTS OF SAFE HIKING**

Don't be a headline: 'someone is lost or passed out.' Enjoy nature with proper preparation including self-evaluation. A 2 hour class will prepare you for the 1 1/2 hour hike following the class. Meet new friends! Get out to see the wildlife on the trails that are our neighbors. Hike times and locations will be announced in class. Hikers will meet at the trailhead after class. A self-evaluation will be done in class to determine the best hiking location for you and several options will be given for all abilities. *Back packs and trekking poles are available for loan. Hard sole shoes with tread and thick socks are required for hiking day. Children under the age of 17 must be accompanied by an adult.*

**8+ YEARS**

81360 SAT 4/18 8:30-10:30am SERL \$50  
81361 SAT 5/16 8:30-10:30am SERL \$50

Instructor: Hike in Phoenix Staff

**SPORTS****ADULT SPORTS LEAGUES**

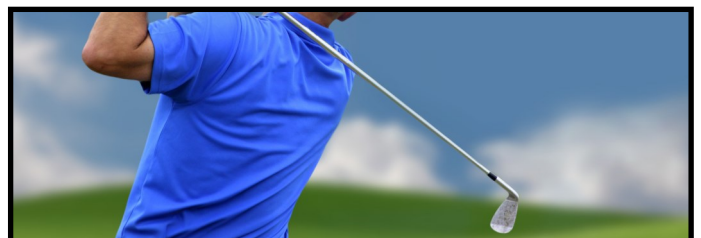
See p. 12 for information on Adult Sports including Basketball, Volleyball, and Softball.

**GOLF FOR ACTIVE ADULTS**

Join the expert coaches of the award winning Outback Golf Academy. Each curriculum is designed by PGA Teacher of the Year Craig Hocknull and is perfect for the beginner and intermediate golfer. This fun and educational class will touch on all of the key components of the game of golf! *Please wear tennis shoes and bring a water bottle. This class will meet on the driving range at Western Skies Golf Club (WS) located at 1245 E. Warner Rd., Gilbert, AZ 85296.*

**50+ YEARS**

81362 M 3/23-5/11 9-9:45am WS \$160  
Instructor: Outback Golf Staff



## GILBERT SENIOR CENTER

130 N. Oak St

480-503-6061

### SENIOR CENTER STAFF:

Amanda Shepard, Activities Specialist: 480-503-6059  
 Kelly Delgado, SR. Program Manager: 480-560-1041  
 Kris Balzan, Outreach Specialist: 480-503-6061  
 Pat Hutfles, Home Delivered Meals Coordinator: 480-503-6058  
 Wallis Berry, Kitchen Coordinator: 480-503-6057

Chandler Christian Community Center operates and manages the Senior Center programs and meals.



## SPECIAL INTEREST

### CHAIR EXERCISE

Join us for a non-impact exercise class. Chair Exercises are workouts done while seated in a chair, or sometimes standing next to or behind the chair for stability. Fee: None  
 Tuesday/Thursday 8:30-9am CC 50+YEARS

### GENTLE YOGA

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners. Fee: None  
 Wednesday 9-10am CC 50+YEARS

### SILVER SNEAKERS

The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping our seniors to live healthy and active lifestyles. Come join us for a fun way to exercise!  
 Fee: None (Space is limited, first come first serve)  
 Tuesday/Thursday 1-2pm CC 50+YEARS

### TAI CHI

Tai Chi/Medical Chi Chong will help to relieve arthritis, stress, and enhance your immune system. This class is on-going. No registration required. Fee: None  
 Monday 9-9:45am CC 50+YEARS

### ZUMBA

Zumba combines a dance workout with a party-like atmosphere. Zumba takes the popular Latin-dance inspired workout to make it accessible for seniors. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves.  
 Friday 8:45-9:45am CC \$5/class

## SOCIAL EVENTS

### MARCH

#### ST. PATTY'S DAY CELEBRATION

Celebrate St. Patty's Day with friends. Join us for music & dancing. Stay for lunch and have a traditional Irish meal!  
 Monday 3/17 10:30am CC 50+Years

### APRIL

#### SENIOR EXPO

Come check out what Gilbert has to offer with health vendors and handmade crafts!  
 Friday 4/10 9am-12pm CC ALL AGES

### MAY

#### CINCO DE MAYO CELEBRATION

Come fiesta with us at our Cinco De Mayo party! There will be food, fun, and friends!  
 Tuesday 5/5 10:30am CC 50+ Years

### JUNE

#### SOCK HOP

Come bop till you drop at the senior sock hop! We will have music and dancing to your favorite 50's tunes! Stay after for lunch!  
 Tuesday 6/9 10:30am CC 50+Years

### MOVIES

Check the monthly calendar for the movie that will be playing here at the center each month. If you have a movie recommendation contact the activity specialist or attend the monthly.

### LOOKING FOR MORE CLASSES?

Check out our 18+YEARS classes in the ADULT section (pages 47-50).



Freestone Recreation Center is now a designated Silver Sneakers center!  
 Call (480) 503-6202 to get more information on this exciting, new program!





## DINING OUT

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. All participants attending must sign up in the Senior Center Office.

### MARCH

RTO SULLIVANS-March 10th  
Sign up February 23rd-March 9th

### APRIL

JOES FARM GRILL- April 8th  
Sign up March 23rd- April 7th

### MAY

NANDOS MEXICAN FOOD- May 6th  
Sign up April 23rd-May 5th

## HOME DELIVERED MEALS



Meals are delivered to those who are disabled, homebound, and to seniors in Gilbert and Chandler

Meals are \$5.00 each and are delivered Monday Through Friday between 10am-2pm

Please contact the senior helpline for financial assistance information

HOME DELIVERED MEALS  
480.503.6058

SENIOR HELPLINE  
602.264.4357

## Introducing an exciting new way to become a member at Freestone Recreation Center!

Age 18+ with qualifying insurance coverage.



For questions or more information, please contact:

### Freestone Recreation Center

1141 E Guadalupe Road  
Gilbert, AZ 84523  
480-503-6202

A new partnership  
opportunity through



HEALTHWAYS



## Ongoing Activities For Active Adults At The Gilbert Senior Center

Age Requirement: Adults 50+ have first priority; however, adults under 50 may participate in certain activities if space is available. Please call the Senior Center if you have any questions: 480-503-6059.

### ARTS & CRAFTS

**Scrapbooking & Craft Club:** Free craft classes all supplies provided. Every Friday from 12:15-3pm.

#### Knitting/Crocheting Club:

Join us for knitting & crocheting projects every Wednesday at 12:30pm

**Jewelry Club:** Come and create One of a kind designs with us. Mondays at 12:30pm.

### CARDS & GAMES

**Bingo:** Cost is 50 cents per card, limit three cards. Every Monday & Friday from 10:15-11:30am, Wednesdays at 1-2:15pm

**Bridge Club:** Every Monday at 10:00am & Thursday at 12:30pm

**Bunco:** Wednesday at 10am

**Rummikub Club:** Every Tuesday & Thursday at 12:30pm.

**Mexican Train:** Every Monday at 12:30pm

**Pinochle:** Tuesdays 9:30am-12pm

### COMPUTER

**Computer Lounge:** The Community Center has a computer lounge with three public computers. Computers are available daily during facility hours.

### HEALTH & WELLNESS

**Blood Pressure Checks:** Join us on the 2nd & 4th Tuesdays of every month from 10am-12pm.

**Chair Exercises:** This class provides upper and lower body low impact movements. All levels are welcome. Every Tuesday from 8:30-9am.

**Fitness Center:** The Community Center has a paid for usage fitness center available. Cost of monthly membership is \$15 or pay a \$2 daily fee.

### OUTREACH SERVICES

The following services are available by appointment only. Benefit help, Lawyer services, SNAP, please call to schedule your appointment today! 480-503-6060.

### SOCIAL FUN

**Entertainment & Dancing:** Join us every Tuesday & Thursday from 11am-12pm.

**Movies:** Join us on the 2nd Friday of the month for a movie & popcorn! Movie start time is 1pm.

For information on becoming a member of the Gilbert Senior Center please visit the center for a tour, paperwork, calendars, and a newsletter of current events. For details call 480-503-6059 or visit our website [Gilbert Senior Center](http://GilbertSeniorCenter.com).



# RIPARIAN PRESERVE

As one of the largest and most popular wildlife preserves in Gilbert, Arizona, The Riparian at Water Ranch features hiking and equestrian trails open to the community. The preserve provides a great opportunity for wildlife and bird watching considered the premier bird watching facility in the Phoenix metro region. Close to 250 species of birds have been sighted and many people come from different states and countries to see the beautiful and sometimes rare birds. The park boasts covered picnic areas, fishing, a dinosaur dig site and campsites that can be reserved for a desert getaway.

The Riparian Preserve was also designed to promote awareness and appreciation of Arizona's ecology and natural history, particularly desert and riparian environments, through: Education and recreation programs for a diversity of visitors, and Research and development of strategies to preserve and protect these unique environments. In addition, the preserve also has the only valley astronomy observatory open to the public.



## CLASSES & EVENTS

### BEGINNER BUTTERFLIES AND DRAGONFLIES

This area is outstanding for stunningly beautiful butterflies, dragonflies and damselflies. Learn to identify local butterflies including Painted Lady, Queen, and Fiery Skipper as well as common dragonflies and dragonflies such as Western Pondhawk, Flame Skimmer, Blue-ringed Dancer and Familiar Bluet. There is a suggested \$5 donation to support the Gilbert Riparian Preserve. Bring binoculars (close-focus preferred), water, and hat. Common Dragonflies of the Southwest by Kathy Biggs will be available for sale for \$10. No reservations. The third Sunday of each month. Meet at 7am, May-Sept, 7:30am in Oct. at the Dragonfly Ramada just south of the parking lot, east of Greenfield Rd., off Guadalupe Rd., just east of the Gilbert Public Library in Gilbert. Leaders: Janet Witzeman & Laurie Nessel

### BIRD WALKS

Monthly public bird walk at the **Riparian Preserve**. Meet just off the parking lot into the Riparian Preserve at Water Ranch from Guadalupe Road, at the west entrance, in front of you as you drive in. Walk is geared for adults, but children are welcome. The walk will last about 90 min. – 2 hours, starting at 6 a.m. with additional wrap up time at the end to go over the list of species seen and heard. Free, although any donations to Desert Rivers Audubon are happily accepted, to be earmarked for Riparian Preserve programming, preservation and maintenance. \$5 suggested. Limited to 12 participants. Please register with Kathe Anderson at [kathe.coot@cox.net](mailto:kathe.coot@cox.net).

SUN 4/12, 5/2, 6/7 6am RP

### GARDENING FOR HUMMINGBIRDS

Bring the "jewels of flight," to your backyard! Riparian Preserve Naturalist, Jennie Rambo will teach you to grow native Sonoran desert nectar plants, and how to design a hummingbird garden for all seasons, during classroom presentations and a garden tour at the Riparian Preserve.

80961 SAT 3/14 1:30 – 3:30 p.m. SERL \$10  
Instructor: Jennie Rambo

### GARDENING FOR TORTOISES

Explore the fascinating world of desert tortoises with Naturalist, Jennie Rambo, who holds 20 years of experience caring for these endearing reptiles. Presentations on tortoise nutrition, wildflower seed, and a garden tour at the Riparian Preserve will help you create the garden of your tortoise's dreams!

80963 SAT 3/21 1:30 – 3:30 p.m. SERL \$10  
Instructor: Jennie Rambo

### GOOD 4TUNE TAI CHI

Welcome Tai Chi Players! Explore a form for you! Discover increased balance, flexibility and strength. Lubricate joints, muscles and tendons. Experience mind/body balance and new energies. Include Tai Chi in your journey. Feels good! Meet with Instructor Bob and benefit from his 25 years of movement study and experience. *These classes will take place in the Riparian Preserve (RP) on the grassy area in front of the observatory.*

#### 45+ YEARS

81387 M/W 3/16-5/13 6-7pm RP \$85  
Instructor: Bob Fay

### LOOKING FOR MORE CLASSES?

Check out our 16+YEARS classes in the ADULT section (pages 52-57).



Burrowing Owl spotted at the Riparian Preserve



# RIPARIAN PRESERVE



Ethnobotanical Garden at the Riparian Preserve

## HOW TO DRAW DESERT PLANTS

**Saturdays, May 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 1:30 – 3:30**

Learn how to capture the beauty of desert plants on paper with Naturalist and published artist, Jennie Rambo. Classroom instruction and outdoor sketching at the Riparian Preserve will focus on flowers, seed pods, and foliage, and drawing techniques to achieve accuracy and grace. Materials required.

*How to Draw Desert Plants Materials list*

*Set of artist quality graphite pencils including the following pencils:*

*HB, 2H, F, 2B, 4B*

*White plastic eraser*

*Kneaded eraser*

*Pencil sharpener*

*Sketchbook of artist quality drawing paper with a surface suitable for graphite, approx. 8"X 10" or 10"X 14"*

80964 SAT 5/1-5/16 1:30 – 3:30 p.m. SERL \$30

Instructor: Jennie Rambo

## TOURS OF THE PRESERVE

Join Gilbert Naturalist Jennie Rambo for a tour of the Riparian Preserve. Observe diverse species of beautiful ducks, elegant shorebirds in the ponds, songbirds, and jewel-like hummingbirds along the trails. Learn about the wonders of bird migration, native trees and wildflowers, and the importance of riparian habitats and water conservation.

80967	W	2/28	9-10am	RP	\$10
80968	SAT	3/14	9-10am	RP	\$10
80969	SAT	3/28	9-10am	RP	\$10
80970	SAT	4/11	9-10am	RP	\$10
80971	SAT	4/25	9-10am	RP	\$10

Instructor: Jennie Rambo

## PHOTOGRAPHY 101

This class will introduce overall types or styles of photography and a brief history of photography and equipment. Participants will learn camera operation, settings, exposure, memory cards, composition, lighting, peripheral equipment, photographic terms and their meanings, and care and cleaning of their equipment. The students will have adequate opportunities to photograph between sessions and to share and discuss the various aspects of those photos during subsequent classes. It is recommended, but not required that the students have a camera capable of photographing in manual mode, whether they've used that mode or not. It is also recommended that they have a copy of the manual for their camera. In addition, those wishing to share their photographs during class for discussion should have a thumb drive which they can bring to class with their photographs saved on them. The last 2 classes will be outdoor tutorial sessions at the Riparian Preserve. *Note: Any digital camera will be adequate for this class...camera recommendations are not mandatory however they will enable a more comprehensive experience.*

**15+ YEARS**

81384 W 3/18–5/6

6-8pm

SERL

\$45

Instructor: Robert Malarz

**"The riparian is a great place to relax, get some**

Visit the  
**Gilbert Rotary  
Centennial Observatory**  
Operated by the East Valley Astronomy Club

**Open to the public every  
Friday and Saturday evening  
from dusk until 9:30,  
weather permitting**

**Kids Welcome!**  
**\$3 donation requested**

**Join us the 2nd Friday of each  
month for:**  
**'EVAC Star Party' night:** amateur  
astronomers will share their  
telescopes and answer questions.

**Skywatch Lecture Series:** held in  
the Southeast Regional Library  
7:30-8:30 pm. (12+years)

**Located on the Riparian Preserve, next to the Southeast  
Regional Library, Greenfield and Guadalupe in Gilbert**

# Perry Library

## Maricopa County LIBRARY DISTRICT



Maricopa County Library District 602-652-3000

Perry Branch

1965 E. Queen Creek Rd.

### ▶ STORY TIME

#### BABY STORYTIME

Babies ages birth to 20 months, accompanied by a caregiver, have fun sharing books, lap-sit songs and rhymes, puppets, music, instruments, and bubbles. Learn tips to build a foundation for reading. Playtime follows program. *No registration needed, but please arrive on time. After 85 people are in the program, we will not be able to admit any more. For the safety and enjoyment of the babies, no older children are allowed.*

##### BIRTH-20 MONTHS

T	4/7-5/12	10:30-11am	PE	Free
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#### ALL AGES STORYTIME

2-5 year olds and their caregivers are invited to join Miss Tara at the library for interactive stories, finger play, musical activities, puppets, and bubbles. *Registration will be limited to 45 children. Please register all participating children each week prior to the start of storytime. Registration assures attendance only until storytime begins; walk-in spaces will be made available in the event of "no-shows" at the START of storytime. Arrive 5 MINUTES EARLY TO ENSURE YOUR SPOT. The library opens at 10am to the public. Early entry is only for children and adults attending this program. Check-in will start at 9:15am and registered attendees may wait in the children's section of the library after they've checked in. Those not registered will wait outside the library.*

##### 2-5 YEARS

W	4/8-5/13	9:30-10am	PE	Free
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#### ALL AGES STORYTIME

2-5 year olds and their caregivers are invited to join Miss Tara at the library for interactive stories, finger play, musical activities, puppets, and bubbles. *Registration will be limited to 45 children. Please register all participating children each week prior to the start of storytime. Registration assures attendance only until storytime begins; walk-in spaces will be made available in the event of "no-shows" at the START of storytime. Arrive 5 MINUTES EARLY TO ENSURE YOUR SPOT.*

##### 2-5 YEARS

W	4/8-5/13	10:30-11am	PE	Free
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#### EVENING ALL AGES STORYTIME

Check out the evening Family Storytime at the Perry Branch Library! This weekly program is designed for children ages 2 to 7, but all family members of all ages are welcome. The more families that come, the more fun we have! Miss Tara uses lots of music, puppets, and props to bring stories to life and often has interactive, hands-on activities to get children involved. *No registration needed.*

##### 2-7 YEARS

TH	4/9-5/14	6-6:30pm	PE	Free
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### ▶ CHILDREN'S PROGRAMS

#### PAWS 2 READ

Join a registered therapy dog who loves stories. Children ages 5 and older are invited to read their favorite book to the special library dog. *No registration needed; sign-up at the customer service desk when you arrive.*

##### 5-12 YEARS

SAT	3/21, 4/18, 5/16	10:30am-12pm	PE	Free
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### ▶ TEEN PROGRAMS

#### BOOK 2 MOVIE

Come to the library and watch a movie that is adapted from a teen book. No need to read the book first. Come enjoy a movie and some snacks.

##### 12-18 YEARS

T	4/14, 5/12	3-4:30pm	PE	Free
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#### TEEN ART

Turn your creativity loose in this fun program featuring hands-on arts and crafts. Check the library's online calendar at [www.mclidaz.org](http://www.mclidaz.org) for more information about what we will be doing at each session.

##### 12-18 YEARS

TH	4/9, 5/14	3-4:30pm	PE	Free
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#### TEEN BOOK TALK

Have you read a fabulous teen book recently that you think other teens would LOVE? Come share titles and snacks at our teen book discussion group.

##### 12-18 YEARS

T	3/17, 4/21	3-4:30pm	PE	Free
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#### TEEN KARAOKE

Sing your favorite songs, even if you sing off key! Solos, duets, and group performances welcome!

##### 12-18 YEARS

TH	3/19, 4/16	3-4:30pm	PE	Free
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# Perry Library

## TEEN GAME DAY

Bring your friends and make new friends playing games and enjoying a snack.

### 12-18 YEARS

T	3/24, 4/28	3-4:30pm	PE	Free
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## EXPLORE STEM WITH FUN ACTIVITIES

Each month we will explore an aspect of STEM (science, technology, engineering, and math) with fun activities. Check the library's online calendar at [www.mclldaz.org](http://www.mclldaz.org) for information on each session.

### 12-18 YEARS

TH	3/26, 4/23	3-4:30pm	PE	Free
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## ADULT BOOK DISCUSSIONS

### NONFICTION BOOK DISCUSSION

Join us each month for a lively discussion of a nonfiction selection. Check Perry Library's events calendar each month for the current book at [www.mclldaz.org](http://www.mclldaz.org).

#### 18+ YEARS

M	4/13, 5/11	1pm	PE	Free
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### PERRY ADULT BOOK DISCUSSION GROUP

Join us each month for a lively discussion of titles by debut authors. Check Perry Library's events calendar each month for the current book at [www.mclldaz.org](http://www.mclldaz.org).

#### 18+ YEARS

M	3/23, 4/27	10:30-11:30am	PE	Free
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## ADULT PROGRAMS

### CREATIVE WRITING

Local author, Gerri Brooks, will lead a monthly creative writing workshop for beginners to advanced level writers. *Bring a notebook to class each week.*

#### 18+ YEARS

W	4/8, 5/13	1-3pm	PE	Free
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### STITCH & FRIENDS

Do you like to knit or crochet? Join the Stitch & Friends group and make service projects for Project Linus (an organization that makes handmade blankets for ill children).

#### 18+ YEARS

SAT	3/21, 4/18, 5/16	10am-1pm	PE	Free
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### COMMON THREADS KNIT & CROCHET CLUB

Come join the fellowship of The Common Threads, the Perry Knitting & Crocheting group and enjoy fun, food, and friendship while creating and sharing needlework projects.

#### 18+ YEARS

TH	3/26, 4/9, 4/23, 5/14	1-2:30pm	PE	Free
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**Maricopa County Library District 602-652-3000**  
**Southeast Regional Branch**  
**775 N. Greenfield Rd.**

## LEARN ABOUT YOUR DEVICE OR COMPUTER PROGRAM

Learn about various computer programs and devices the second Friday of the month. The April session will feature the Android OS, one of the most widely used mobile operating systems. The May session will repeat one of our most popular topics from previous sessions. Check the events calendar at [www.mclldaz.org](http://www.mclldaz.org) for more information.

#### 18+ YEARS

F	4/10, 5/8	1-2:30pm	PE	Free
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## SOCIAL MEDIA KNOW-HOW

Do you want to explore the world of social media? Come to the Perry Library the fourth Friday of the month. The March session will feature Facebook. In April we will explore Pandora, the popular music streaming service.

#### 18+ YEARS

F	3/27, 4/24	1-2:30pm	PE	Free
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## TECHNOLOGY ASSISTANCE WITH PERRY'S TEEN TECHS

Schedule an appointment or drop-in for assistance from friendly and tech-savvy teens specially trained to help adults with technology questions. The focus is on helping you become familiar and comfortable with various electronic devices and computers so that you may feel confident in using the library's fantastic collection of digital resources such as e-books, streaming movies, and e-audio to name just a few. **No Teen Techs during Perry High School breaks.**

#### 18+ YEARS

T, TH	3/24-5/14	3-4:30pm	PE	Free
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Look for this symbol to see our exciting new offerings this Spring Session!

LIBRARY SERVICES

# Southeast Regional Library

## ▶ STORY TIME

### INFANT LAPSIT

Infant Lapsit is a special story time designed to encourage the development of language and motor skills by incorporating stories, with simple songs, rhymes, movement activities and finger plays. **Infants ages 0-18 months with one parent or caregiver will be admitted. No registration is required, however attendance is limited to 20 per session. To provide quality one-on-one bonding time, siblings may NOT attend with the infant and parent. Tickets will be distributed at 10:00 a.m. near The DIG. Please be prompt; latecomers will not be admitted once Infant Lapsit has begun.**

#### BIRTH-18 MONTHS

T	3/17-5/5	10:15-10:35am	SERL	Free
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### ALL AGES STORYTIME

Join us for stories, songs, finger plays, and fun! Learn letters, numbers, and animals and have fun with music and movement activities. This story time is intended for ages 2-5 years. **Please note that for safety and comfort, sessions are limited to 50 people, including caregivers, and parents/caregivers are expected to stay with children during this story time. Tickets are distributed at 10:00 and 11:00 a.m., first come, first served until we run out. You must have tickets for each person in your party. Families only; no tickets will be issued to daycare or preschool groups. Please be prompt; no one will be admitted after story time has started.**

#### 2-5 YEARS

W	3/18-5/6	10:15-10:45am	SERL	Free
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### ALL AGES STORYTIME

Join us for stories, songs, finger plays, and fun! Learn letters, numbers, and animals and have fun with music and movement activities. This story time is intended for ages 2-5 years. **Please note that for safety and comfort, sessions are limited to 50 people, including caregivers, and parents/caregivers are expected to stay with children during this story time. Tickets are distributed at 10:00 and 11:00 a.m., first come, first served until we run out. You must have tickets for each person in your party. Families only; no tickets will be issued to daycare or preschool groups. Please be prompt; no one will be admitted after story time has started.**

#### 2-5 YEARS

TH	3/19-5/7	10:15-10:45am	SERL	Free
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### STORY TIME WITH PARENTING ARIZONA

This will be an interactive story time geared towards toddlers and pre-school aged children with 2 stories, songs/finger plays, and a simple craft or activity to follow. Parent participation is encouraged. **Tickets are required and will be distributed 15 minutes prior to the beginning of story time. Please be prompt; latecomers will NOT be admitted.**

#### ALL AGES

T	3/17, 4/21, 5/19	11:15am-12pm	SERL	Free
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### STORY TIME WITH Az PAC

This story time is brought to you by AzPac Parents as Teachers! Come explore books with us through story time, socialization, and a fun activity! Activities are aimed at toddlers; however, children of all ages are welcome. Meet in 'The Dig,' for a fun story time, including stories, finger plays and songs. Learn letters, sounds and have fun with music and movement activities! **Please note that for safety and comfort, sessions are limited to 50 people, including caregivers. Free tickets are distributed at 11:00 a.m. Parents/caregivers are expected to stay with children during this story time. Families only; no tickets will be issued to daycare or preschool groups. You MUST have tickets for each person in your party; no latecomers will be admitted, so please be prompt.**

#### ALL AGES

T	4/7, 5/5	11:15am-12pm	SERL	Free
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### FAMILY SPOT PLAY GROUP

This is a free developmental playgroup for children ages 0-5 through Family Spot Resource Center Gilbert. Story Time and Hands-on activities for parents and children. Highlights include focus on nutrition/health, gross motor/sensory, art/science & discovery, technology, playing with purpose, music, language & listening, conversation wall, and parents station. Take home activities will also be provided. **Walk in, no registration, however space is limited.**

#### BIRTH-5 YEARS

T	3/24, 4/28, 5/26	11:15am-12pm	SERL	Free
SAT	4/4, 5/2	10:30am-12pm	SERL	Free



### CODE CLUB

Kids & Teens! Join us for Code Club in the Staff Conference Room, 3:30-5:00 PM on the first & third Wednesday of each month. Fun, self-paced exercises will help you learn JavaScript and other computer code. Have fun while you develop awesome skills and learn how to create games, apps, & websites. This club is intended for ages 8 and older. All skill levels are welcome and no previous coding experience is required. **Space is limited, registration required.**

#### 8-17 YEARS

W	3/18, 4/1, 4/15, 5/6, 5/20	3:30-5pm	SERL	Free
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## ▶ CHILDREN'S PROGRAMS

### FAMILY YOGA

Join us for family yoga. This program is a one-on-one parent and child experience. Learn simple stretching and breathing exercises for enhancing mindfulness, increasing connection between parents and children, and fun activities to promote focus and concentration. This program also includes imaginative play and simple stretching moves. It's intended for potty trained children.

**Tickets are distributed 15 minutes before the event on a first come, first served basis. This session is limited to 20 children with parents. Please be prompt. Feel free to bring water, a towel, and a yoga mat.**

**ALL AGES**

T 3/31, 4/14, 5/12 11:15-11:45am SERL Free

### PAWS 2 READ

Join a registered therapy dog who loves stories. Children ages 5 and older are invited to read their favorite book to the special library dog. **No registration needed; sign-up in the library when you arrive.**

**5-12 YEARS**

SAT 4/11, 5/9 10:30am-12pm SERL Free

## ▶ TEEN PROGRAMS

### MINECRAFT MONDAY

Do you love Minecraft? Join fellow crafters and exchange tips. Bring yourself. Everything else is provided. **Registration is required. Space is limited.**

**12-16 YEARS**

M 3/16, 4/13, 5/11 6-6:50pm SERL Free

### ELECTRONIC PLAYGROUND

Teens ages 12 and up, join us in the Staff Conference Room at Southeast Regional Library, on the fourth Wednesday of each month from 3:30-4:30, for this informative and hands-on program exploring the basics of electronics. Using simple wiring diagrams and the Electronic Playground 130 kit from Elenco, we'll learn about capacitors, resistors, transistors and integrated circuits by completing a number of fun projects. **Registration is required.**

**12-16 YEARS**

W 3/25, 4/22 3:30-4:30pm SERL Free

### TEEN CRAFTACULAR

Join us in the Staff Conference Room for this program for ages 12 to 18. Are you a teen? Do you love crafts? If so, please join us for the teen craftacular! This is a teens only craft club that will happen on the first Wednesday of the month from 6pm-8pm in the staff conference room. Get creative and have fun making a variety of crafts. All materials provided. **Registration is required. Latecomers will not be admitted, regardless of registration. If you do not arrive by the start of the program, your spots will be given to those on the waiting list.**

**12-18 YEARS**

W 4/1, 5/6 6-8pm SERL Free

### INTRODUCTION TO FORENSIC SCIENCE FOR TEENS

Explore a variety of crime scene topics and discover the many uses of science. This will be an interactive adventure for a future crime solver. **Registration is required.**

**12-16 YEARS**

W 4/8, 5/13 3:30-4:30pm SERL Free

## ▶ ADULT BOOK DISCUSSION

### MONDAY MORNING MUSINGS

Join us each month for a lively discussion of titles by debut authors. We meet the 2nd Monday of the month at 10:30am.

**18+ YEARS**

M 3/16, 4/13, 5/11 10:30am-12pm SERL Free

### BOOKENDS ADULT FICTION DISCUSSION GROUP

Adults of all ages read and discuss fiction titles on the third Tuesday of each month.

**18+ YEARS**

T 3/17, 4/21, 5/19 10:30am-12pm SERL Free

### NONFICTION BOOK DISCUSSION

Join us each month for a lively discussion of a nonfiction selection.

**18+ YEARS**

TH 3/26, 4/23, 5/21 3-5pm SERL Free

### GENEALOGY: LIBRARY GENEALOGY RESOURCES

Learn about all of the resources available inside and outside of the library to build your family tree. **Registration required.**

**18+ YEARS**

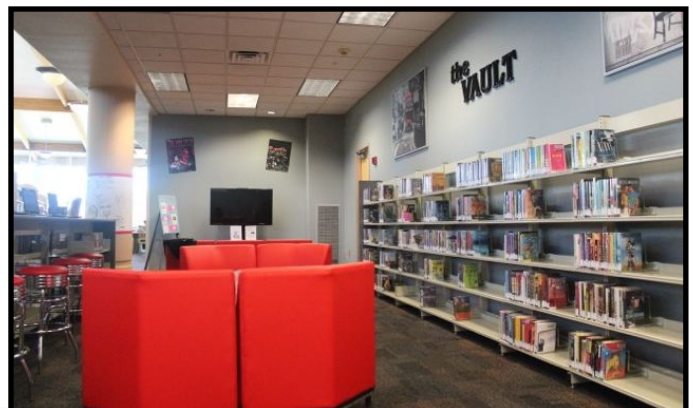
W 4/1 10-11am SERL Free

### THURSDAY NIGHT FILM CLUB

A book club for the movie-minded! Join us on the first Thursday of each month as we view and discuss film classics and favorites from the 30's through the 80's. **Film Club members will have a voice in choosing the movies for each month. General discussion will take place after film screenings, as time allows.**

**18+ YEARS**

TH 4/2, 5/7 6:30-8:30pm SERL Free



## ▶ ADULT PROGRAMS

### SOCIAL SECURITY AND YOU

As you prepare to sign up for Social Security, come & listen to an AARP representative; you will hear an informative, unbiased opinion. Get your facts straight before you decide which way to go. **Registration is required.**

**18+ YEARS**

SAT 4/11 10-11:30am SERL Free

### AUTHOR VISIT: SHONA PATEL

Come and hear local author, Shona Patel, talk about why and how she wrote Teatime for the Firefly, her debut novel. This is the first of a trilogy; the second is out in July, 2015. Shona Patel, the daughter of an Assam tea planter, drew upon her personal observations and experiences to create the vivid characters and setting for Teatime for the Firefly. An honors graduate in English literature from Calcutta University, Ms. Patel has won several awards for creative writing and is a trained graphic and architectural designer. **Registration is required.**

**18+ YEARS**

SAT 5/9 2-3:30pm SERL Free

## ▶ ALL AGES

### ARIZONA AGRICULTURE: BEE'S AMAZING ADVENTURE BOOK

Family Fun! This is an interactive program from the University Of AZ College Of Agriculture for parents and children. Features readings from the story book, Arizona Agriculture: Bee's Amazing Adventure, combined with information from an expert entomologist about bees.

**ALL AGES**

W 4/8 3:30pm SERL Free

### HOW TO DO THE HULA DEMONSTRATION

Join us for a hula demonstration with ukulele accompaniment performed by members of the Lau Kanaka No Hawai'i Hawaiian Civic Club of Arizona. **Registration is required.**

**ALL AGES**

SAT 4/18 2-3pm SERL Free

## VOLUNTEER with the Town of Gilbert

## Parks and Recreation

**Volunteers are needed in the following areas:**

- Special Events
- Recreation Centers
- Parks and Trails Maintenance
- Adaptive Recreation Programs
- Riparian Preserve
- Court-Ordered Community Service
- Scout Programs




To sign up for a volunteer opportunity go to:  
<http://gilbertaz.gov/volunteer-parks>



Looking for something new to do?

Check out our Community and Family Events Calendar on pg. 13!



# Looking for Rental Space?

## Gilbert Parks and Recreation Facilities



***Gilbert Community Center***



***Freestone Recreation Center***



***Southeast Regional Library***



***McQueen Park Activity Center***



*Call*

(480) 503-6200 or visit  
[www.GilbertAZ.gov](http://www.GilbertAZ.gov)

**Great Rates  
Clean Facilities  
Friendly Staff**

***We have the space to fit your needs!***

Training  
Meeting  
Banquet  
Workshop  
Party/Reception  
Family Gathering  
Long-Term Rentals